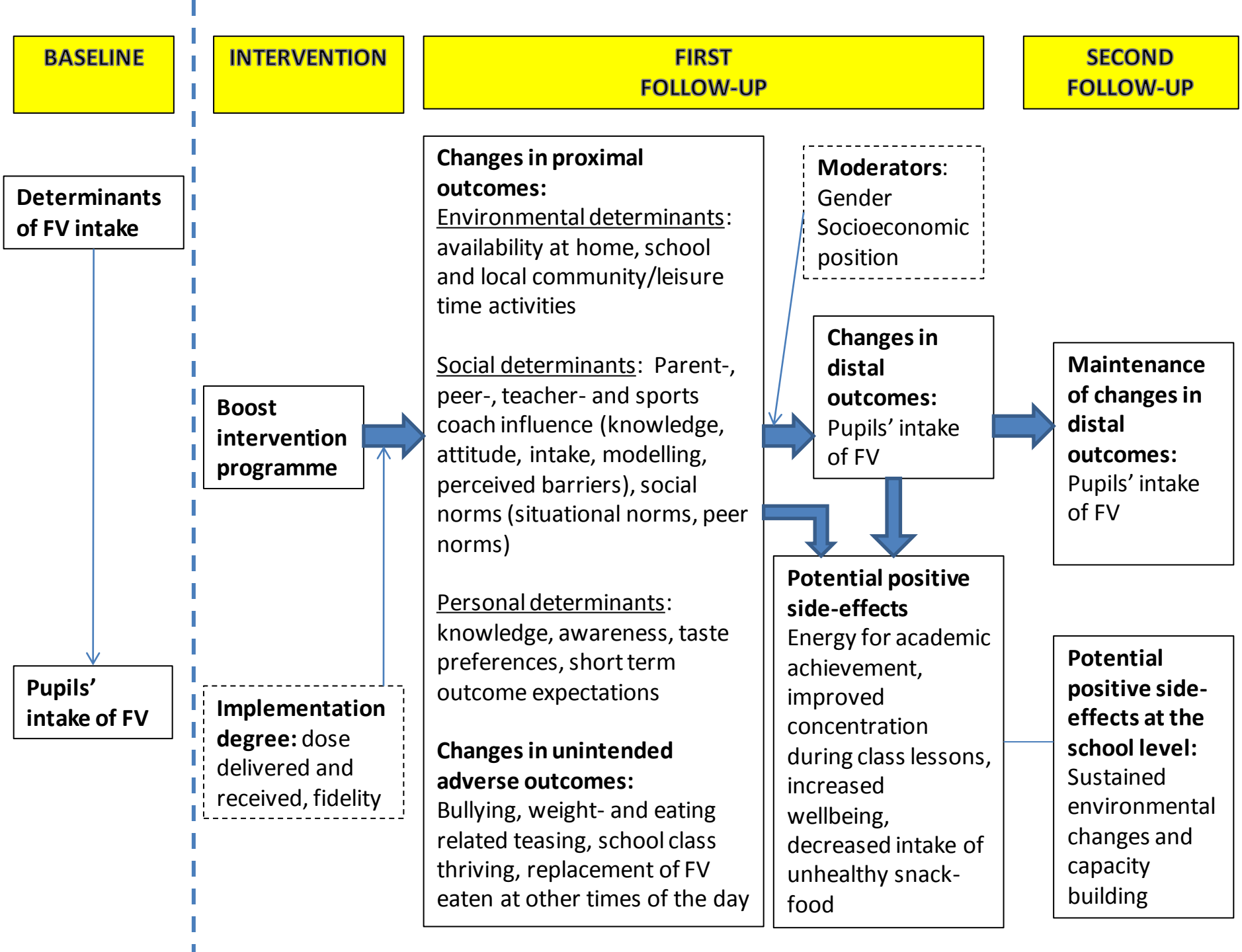
BASELINE
INTERVENTION
FIRST FOLLOW-UP
SECOND FOLLOW-UP
Determinants of FV intake
Pupils' intake of FV
Boost intervention programme
Implementation degree: dose delivered and received, fidelity
Changes in proximal outcomes:
Environmental determinants: availability at home, school and local community/leisure time activities
Social determinants: Parent-, peer-, teacher- and sports coach influence (knowledge, attitude, intake, modelling, perceived barriers), social norms (situational norms, peer norms)
Personal determinants: knowledge, awareness, taste preferences, short term outcome expectations
Changes in unintended adverse outcomes:
Bullying, weight- and eating related teasing, school class thriving, replacement of FV eaten at other times of the day
Moderators: Gender Socioeconomic position
Changes in distal outcomes: Pupils' intake of FV
Potential positive side-effects
Energy for academic achievement, improved concentration during class lessons, increased wellbeing, decreased intake of unhealthy snack-food
Maintenance of changes in distal outcomes: Pupils' intake of FV
Potential positive side-effects at the school level: Sustained environmental changes and capacity building