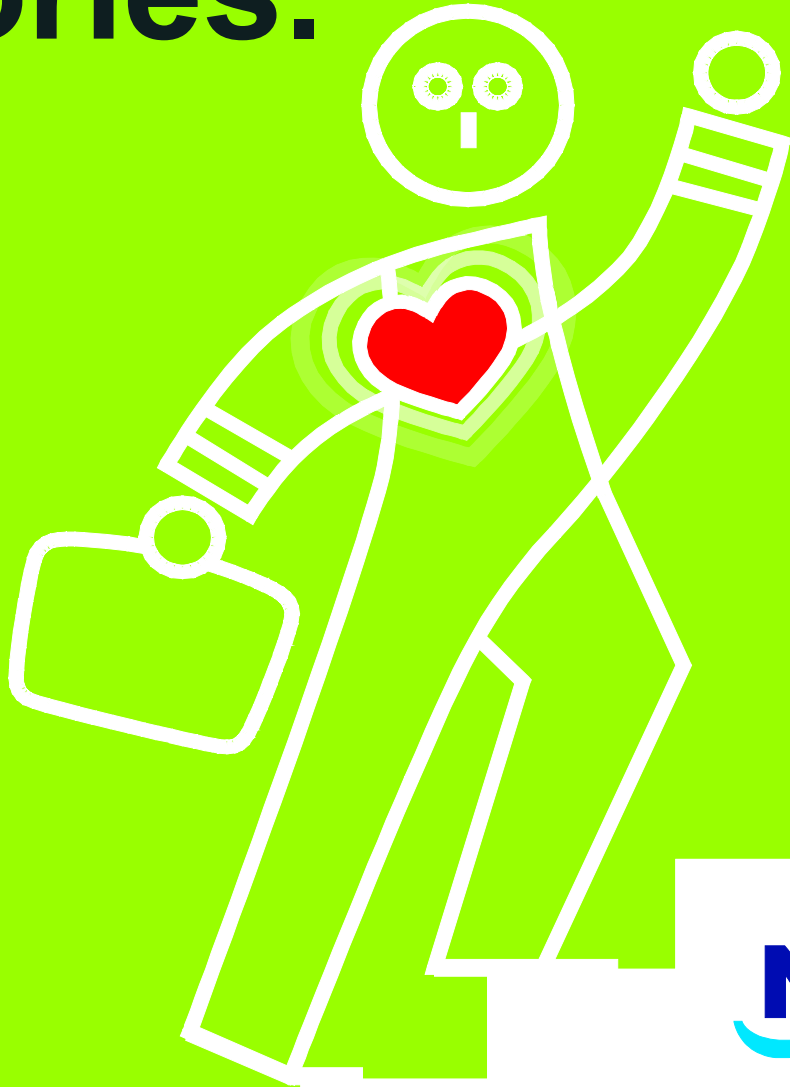


Stair climbing always burns calories.



healthy**living**

