

		Women				Men			
		Alcohol consumption				Alcohol consumption			
		≥weekly		<weekly		≥weekly		<weekly	
Physical activity (MET.mins/week)		PA≥600	PA<600	PA≥600	PA<600	PA≥600	PA<600	PA≥600	PA<600
Cigarette smoking	Body mass index								
Never smoker	Normal	10	15	13	18	19	26	22	30
	Overweight	8	12	10	15	17	23	20	27
	Obese	10	15	13	18	19	25	22	29
Ex-smoker	Normal	14	20	17	24	27	35	31	39
	Overweight	12	17	15	21	24	32	28	36
	Obese	14	20	18	25	26	34	30	39
Current smoker	Normal	21	29	25	34	39	48	44	53
	Overweight	18	25	21	29	36	45	40	50
	Obese	29	29	26	34	38	48	43	53

	<20%
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	20-39%
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	40-59%
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	≥60%
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