

Enrollment

Randomized (18 general practices)

Allocated to screening: 8 practices
((S=5, M=1, L=2),
N= 5369 patients 65 years or older)

Excluded:
3267 not frail
44 having COPD and HF
247 other[#]

1811 frail patients 65 years or older

Excluded:
175 no dyspnoea
779 not willing to participate
462 no response*

395 frail patients 65 years or older with
reduced exercise tolerance and/or exercise
induced dyspnoea

Questionnaires: MDS and SF36
Screening with history taking, PE, blood
tests, ECG, spirometry, echocardiography,
VAS

- Fill out MDS, SF36 and MRC
- Check of GPs files for new diagnoses and medication changes
- Panel evaluation for definite diagnosis

Allocated to care as usual: 10 practices
((S=6, M=2, L=2),
N= 6470 patients 65 years or older)

Excluded:
3692 not frail
85 having COPD and HF
362 other[#]

2331 frail patients 65 years or older

Excluded:
233 no dyspnoea
995 not willing to participate
657 no response*

446 frail patients 65 years or older with
reduced exercise tolerance and/or exercise
induced dyspnoea

Questionnaires: MDS and SF36

- Fill out MDS, SF36 and MRC
- Check of GPs files for new diagnoses and medication changes

Allocation

Follow-up
6 months