Adolescent Internet-use Questionnaire

District	Name of School	Grade	Date
Dear students	:		
This s	urvev is designed to collect v	our information o	n your internet-use and to test your
			ire is anonymous. To take this
-	, please circle the number nex	_	
_	_		questions. You don't have to think
		,	-
	•	_	nswers, and the best of all are those,
wno come spo	ontaneously. Thank you for p	articipating in this	Internet-use survey!
	PART 1	General Info	rmation
1. Your Gend	er		
(1) Male (2	2) Female		
2. Your birtho	day(mm/c	ld/yy)	
3. You are			
(1) Residentia	al students (2) Commuter stud	lents	
4. Your father	r's educational level		
(1) Illiteracy/	elementary school (2) Junior	high school (3) Se	nior high school (4) University-level
or above	•		
5. Your mothe	er's educational level		
			nior high school (4) University-level
or above	, , ,		,
6. Your father	r's occupation		
	1	transport personn	el) (2) Peasants (agriculture, forestry
` ′	O- 1	1 1	(4) Financial staff (5) Teachers (6)
	(a) Administrators (8) Doctors		
7 Vour moth	er's occupation		
	•		al) (2) Passanta (agricultura farastru
	• .		el) (2) Peasants (agriculture, forestry
	• • • • • • • • • • • • • • • • • • • •		(4) Financial staff (5) Teachers (6)
researchers (/	7) Administrators (8) Doctors	or nurses (9) Une	iipioyea people (10) Otners
	ge monthly allowance level _		
(1) Less than	100 RMB (2) 100 to 299 RM	B (3) 300 to 599 I	RMB (4) 600 RMB or more

9. Your average monthly consumption level
10. Does your family own the house/apartment you live?(1) Yes (2) No (rent)
11. Do you have a private bedroom in your home ?(1) Yes (2) No
12. Does your family have a car or not? (1) Yes (2) No
13. What's your family structure? (1) Nuclear family (only parents and children) (2) Three-generation family (parents, children and grandparents) (3) Single parent family (4) Left-behind adolescents (both parents are not with you for a long time). (5) Weekend parents.
14. Are you the only child? (1)Yes (2) No
15. Your parents' marital status
16. How about the quality of your father-mother relationship?
17. How about the quality of your mother-adolescent relationship?
18. How about the quality of your father-adolescent relationship?
19. How about your parental attitude toward your Internet-use?
20. What's your academic achievement level? (1) Very good (2) Relatively good (3) General (4) Relatively bad (5) Very bad
21. Does your family have computers at home?(1) Yes (2) No If you choose (2), please skip to the 23 th question.
22. Does your home computer have access to the Internet?

23. what's your usual place of using the internet?
(1) Internet bar (2) Home (3) Residences of relatives and classmates (4) School (5) If you
never use
the Internet, you can end here and hand in this questionnaire to the investigator.
24. Usually, how many hours do you use internet during weekdays (from Monday to Friday) per week? (1) Less than 2 hours (2) 2 to 4 hours (3) 4 to 6 hours (4) 6 to 8 hours (5) 8 hours or more
25. Usually, how many hours do you use the internet on weekends per week?(1) Less than 2 hours (2) 2 to 4 hours (3) 4 to 6 hours (4) 6 to 8 hours (5) 8 hours or more
26. How many hours do you usually use the internet for a whole week?
(1)Less than 7 hours (2) 7 to 14 hours (3)14 to 21 hours (4) 21 to 28 hours (5)28 hours or more
27. What's your main purpose of using the Internet?
(1) Wandering aimlessly online (2) Only browsing news or email (3) Playing games (4) Real-time chatting (5) Academic learning
PART 2 DRM-52 Scale of Internet Use in Adolescents
Compared with the previous time, I spend more and more time on the internet
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
2. When off-line, I will imagine something related with the internet
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
3. When distress, anxiety, irritability, depression, I go online, then I'll feel better
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
4. I usually spend more time on-line than I intended
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
5. I spend limited time on other entertainment activities to ensure enough time online
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
6. My academic learning is not affected despite that I use the internet frequently
7 I'm unsatisfied if I spend the same amount of time surling as hefe as
7. I'm unsatisfied if I spend the same amount of time online as before
8. I don't care if I need to cut down the amount of the online time

(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
9. When I feel depressed, moody, or nervous when off-line, these negative emotions usually go away once I'm back on-line
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
10. I think time flies when I'm online. I usually unwittingly spend more time online than I anticipated
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
11. I spend less time on academic learning to ensure enough time online
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
12. I don't increase the frequency of using the internet
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
13. I know that the excessive use of the Internet will affect my academic learning, but I still go of using the Internet
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
14. I'll feel distress, anxiety, irritability or depression if I can not go online for a period of time
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
15. I never dream of anything related with the internet
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
16. Going online always make me relaxed
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
17. When I'm on-line and plan to use the internet "just a few more minutes", I can really do as I scheduled
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
18. I will do my best to get a faster Internet speed
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
19. I originally hope to spend very short time on-line, but later I find out that several hours have passed
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
20. When I want to cut down the amount of online time, I'm always able to do it
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.

21. I would become restless if I go offline suddenly
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
22. When I feel fatigue, I will immediately stop using the internet to have a good rest
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
23. The idea of going on-line always haunts me and makes me restless
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
24. I cannot help thinking of what is happening online
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
25 Going online can not make me feel better when I feel bad
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
26. I suffer pain in the shoulder or other joint due to long periods of computer use, but I will
continue using the internet in spite of the discomfort
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
27. I can strictly obey the schedules of using the internet made by my parents or
myself
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
28. Even when I feel very hungry, I will still use the internet until everything on the internet is
done
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
29. I have never purchased any items online for online games, such as point cards and game
props
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
30. I am able to control the frequency of using the Internet by myself as originally
planed
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
31. I spend more and more time to stay indoor because of using the internet
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
32. When off-line, my fingers will casually or involuntarily make keyboard-typing action
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
33. I choose to spend more time on-line instead of going out with others
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree

34. I completely forget about the time when I'm on-line
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
35. I often communicate the feelings of being on-line with others
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
36. I never quarrel with my parents, teachers or other elders because of their disagreement toward my internet-use
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
37. I can always find something to support me to use the internet
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
38. I have never been absent from school due to going online
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
39. I think it unnecessary to update my computer configuration in order to go online
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
40. My parents complain to me that I spend too much time online
41. When I go off-line, I did not feel any discomfort
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
42. I usually repeatedly go to the websites and forums I'm interested in, and repeatedly check my e-mails during one day
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
43. I usually don't go on-line when I'm busy with academic learning
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
44. I prefer to form new relationships with on-line fellow users instead of making face-to-face friends in real life
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
45. I feel guilty when I spend much time online
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
46. I prefer to use the internet when my parents are not at home, I feel more relaxed in such situation
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree

47. I prefer the excitement of the Internet to intimacy with my friends, sometime, I will miss meals or classes because of using the Internet
48. I'm not secretive when others ask me what I do on-line and how long I've been online
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
49. I will not have the slightest feeling of discomfort if I don't use the Internet for a period of time (1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
50. I hope to know what is happening online.
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.
51. I find myself anticipating to go on-line even if I just go offline
52. I never lose sleep due to late-night log-ins
(1) Completely disagree (2) Not so agree (3) General (4) Relative agree (5) Fully agree.

上海市青少年因特网使用情况调查

所属区县	学校名称	年级	_ 填写日	期	年月_	目	
回答您真实的	解一下您网络使用 情况和想法而不必 案的题号上画"O" !	考虑他人的评价	1。填写问卷	时请注意	訂问卷上的	说明,用钢笔	
		一、一般情	青况:				
2.您的出生年 3.您是否寄宿(4.您父亲的文化 (1)小学及以下) (1) 男 月年) (1) 是 化程度是: () (2)初中 (3)高中	, (2)女 月 <u></u> 日 : (2)否) r(包括职高、技		(4)大专及	以上		
5.您母亲的文化程度是:()							
(1)小学及以下 (2)初中 (3)高中(包括职高、技校、中专) (4)大专及以上 6.您父亲的职业是: ()							
(1)工人(制造、生产、运输人员)(2)农民(农林牧渔业生产人员)(3)商业从业人员(4)金融财务							
人员 (5)教师 (6)科技工作者 (7)行政干部 (8)医护人员 (9)待业人员 (10)其他(请注明)							
7.您母亲的职业是:()							
•	生产、运输人员)	•		*			
人员 (5)教师 (6)科技工作者 (7)行政干部 (8)医护人员 (9)待业人员 (10)其他(请注明)							
8. 您父母每月给您多少零用钱?()							
(1)100元以下 (2)100~299元 (3)300~599元 (4)600元以上							
9.您自己月平均	匀消费水平是:()					
(1)100元以下	(2)100~299元 (3)300~599元	(4)600元以上				
10.您目前住的	房子的性质是:() (1)家人	、购买的 (2)	租赁的			
11.您有自己独	用的房间吗?() (1)有	(2))没有			
12.您家里有汽	(车吗?()	(1)有	(2)	没有			
13.您家的家庭	类型 ()						
(1)核心家庭	(仅父母和子女)	(2)三代同堂	(3)单亲型	(4)	父母一方长	长期不在身边	
(5)仅周末和	父母在一起						
14.您是否独生	子女 ()	(1)是	(2)不是				
15.您父母婚姻	状况()	(1)在婚	(2)分居	(3)离婚	(4)丧偶	(5)再婚	
16.您父母关系	()	(1).很好	(2).较好	(3).一般	(4).较差	(5).很差	
17. 您 与父亲的	的关系如何?() (1).很好	(2).较好	(3).一般	(4).较差	(5).很差	
18.您与母亲的	关系如何?() (1).很好	(2).较好	(3).一般	(4).较差	(5).很差	
19.父母对您上	.网的态度?()					
(1).非常赞成	(2).较赞成 (3).无所谓 (4).	较反对 (5).	强烈反对	ţ		
20. 您的学习原	戈 绩						
(1).很好 (2).较好 (3).一般	(4).较差	(5).很差				

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21.您家里有电脑吗?()
(1)有 (2)没有, 若选(2), 跳至23题
22.您家里的电脑可以上网吗?()
(1)可以 (2)不可以
23.您平时上网地点在( )
(1) 网吧 (2) 家里 (3) 亲戚朋友或同学家 (4) 学校 (5) 从不上网,此次问卷调查结束
24. 您周一至周五平均每日上网( )
(1) <2 小时 (2) 2~4 小时 (3) 4~6 小时 (4) 6~8 小时 (5) 8 小时以上
25. 您周六周日平均每日上网( )
(1) < 2 小时 (2) 2~4 小时 (3) 4~6 小时 (4) 6~8 小时 (5) 8 小时以上
26.您每周总上网时间( )
(1) < 7小时 (2) 7~14小时 (3) 14~21小时 (4) 21~28小时 (5) 28小时以上
27. 您上网主要是( )
(1)无特别目的,随便看看(2)仅新闻检索或单纯收发邮件(3)游戏(4)在线聊天(5)学习
              二、DRM青少年因特网使用情况52量表
1.同以前相比,我上网的时间越来越长了。(
                          )
          (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
(1).完全不符合
2.不上网的时候,我会幻想和上网有关的事情。(
                            )
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
3.当有苦恼、焦虑、烦躁、沮丧等不良感觉时,我就上网,这样我会感觉好一些。(
(1).完全不符合
          (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
4.我上网的时间往往比计划的时间要长。(
                         )
                         (4).比较符合 (5).完全符合
(1).完全不符合 (2).不太符合 (3).一般
5.为了上网,我会减少其他娱乐的时间。(
                         )
(1).完全不符合
         (2).不太符合 (3).一般
                         (4).比较符合 (5).完全符合
6.尽管经常上网,但我的学习成绩并没有下降。( )
(1).完全不符合 (2).不太符合 (3).一般
                         ⑷.比较符合
                                   (5).完全符合
7.我上网的时间和以前相同,但心里已经感到不满足了。( )
(1).完全不符合
         (2).不太符合 (3).一般
                         (4).比较符合
                                   (5).完全符合
8.减少上网的时间对我而言无所谓。( )
          (2).不太符合 (3).一般
(1).完全不符合
                         (4).比较符合 (5).完全符合
9.当情绪低落时,上网会使我变得心情舒畅。(
                           )
          (2).不太符合 (3).一般
(1).完全不符合
                          (4).比较符合
                                   (5).完全符合
10.我觉得在网上时间过得很快,不知不觉就超过了自己预想的时间。( )
(1).完全不符合
          (2).不太符合 (3).一般
                          (4).比较符合
                                   (5).完全符合
11.因为上网,我减少了学习的时间。( )
(1).完全不符合
          (2).不太符合 (3).一般
                         (4).比较符合 (5).完全符合
12.我上网的次数并没有增加。(
                   )
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
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13.虽然知道上网会影响学习,但我还是继续上网。(
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
14.如果有一段时间停止上网,我会感到坐立不安。( )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合 (5).完全符合
15.我从来没有梦到过关于网络的事情。( )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合 (5).完全符合
16.我发现上网是使我心情放松的好方法。( )
         (2).不太符合 (3).一般
(1).完全不符合
                        (4).比较符合
                                 (5).完全符合
17.上网时,我发现自己会想"只要再过几分钟就下线",结果真的就做到了。( )
(1).完全不符合
         (2).不太符合 (3).一般
                        (4).比较符合
                                 (5).完全符合
18.我想方设法让自己的电脑上网速度更快。(
                         )
(1).完全不符合
         (2).不太符合 (3).一般
                        (4).比较符合 (5).完全符合
19.我决定花较短的时间上网,但后来才发现好几个小时已经过去了。( )
         (2).不太符合 (3).一般
(1).完全不符合
                                 (5).完全符合
                        ⑷.比较符合
20.当我想减少自己上网时间的时候,我总能做到。( )
         (2).不太符合 (3).一般
(1).完全不符合
                        (4).比较符合 (5).完全符合
21.突然停止上网,我就会变得烦躁不安。(
                        )
(1).完全不符合
         (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
22. 当我在网上感到疲劳时,我会立刻下线休息。( )
                        (4).比较符合 (5).完全符合
(1).完全不符合
         (2).不太符合 (3).一般
23.想上网的念头一直困扰着我,使我烦躁不安,因此我会去上网。( )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合 (5).完全符合
24.我会情不自禁地想起网上发生的事情。(
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
25.当我觉得心情烦躁时,即使上网也不会使我减轻这种感受。(
                                   )
         (2).不太符合 (3).一般
(1).完全不符合
                        (4).比较符合
                                  (5).完全符合
26.由于长时间坐在电脑旁,我的肩或其他关节痛,但这并不影响我继续上网。((
         (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
(1).完全不符合
27.我能严格遵守父母或者自己规定的上网时间。( )
         (2).不太符合 (3).一般
(1).完全不符合
                        (4).比较符合 (5).完全符合
28.虽然很饿了,但我还是会把网上的事情处理完后再吃饭。(
                                  )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合
                                  (5).完全符合
29.我从来没有参与过网上虚拟物品的交易(包括点卡、游戏道具、账号等)。(
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
30.我能够有计划地控制自己的上网次数。(
                        )
(1).完全不符合
         (2).不太符合 (3).一般
                        (4).比较符合 (5).完全符合
31.因为上网,我在室内呆的时间越来越长了。( )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合
                                 (5).完全符合
32.不上网的时候,我的手指会随意或不随意地做出敲击键盘的动作()
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合
                                 (5).完全符合
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33.我减少了拜访朋友的时间而宁愿在网上逗留。( )
                        (4).比较符合 (5).完全符合
(1).完全不符合 (2).不太符合 (3).一般
34.上网后我就忘记了时间。(
                 )
(1).完全不符合
         (2).不太符合 (3).一般
                        (4).比较符合 (5).完全符合
35.我常常和周围人交流使用网络的心得。(
(1).完全不符合
         (2).不太符合 (3).一般
                        (4).比较符合
                                 (5).完全符合
36.我从来没有因为上网的原因而与父母、老师等长辈产生过争执。( )
(1).完全不符合
         (2).不太符合 (3).一般
                                 (5).完全符合
                        (4).比较符合
37.我常常能找出一些理由使我更多地使用网络。( )
         (2).不太符合 (3).一般
(1).完全不符合
                        (4).比较符合 (5).完全符合
38.我从没有因为上网而缺过课。( )
(1).完全不符合
         (2).不太符合 (3).一般 (4).比较符合
                                 (5).完全符合
39.我觉得没有必要去为使用网络而特意更新电脑配置。( )
         (2).不太符合 (3).一般
(1).完全不符合
                        (4).比较符合 (5).完全符合
40.家人抱怨我花了太多的时间上网。( )
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
41. 当我从网上离开时,我并没有不舒服的感觉。( )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合 (5).完全符合
42.一天中我常会多次查看自己感兴趣的网站、论坛以及自己的电子邮箱。(
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
43.学习很忙时我就不会上网了。( )
         (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
(1).完全不符合
44.比起面对面地与人交流,我更愿意在网上与人交流。( )
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
45.我对自己上网所花的时间感到内疚。( )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合
                                  (5).完全符合
46.我会趁家人不在家时上网,这样我感觉比较轻松。( )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合
                                  (5).完全符合
47.我会因上网错过吃饭、上课或与同学在一起的时间。( )
(1).完全不符合 (2).不太符合 (3).一般
                        (4).比较符合
                                  (5).完全符合
48.我没有向任何人隐瞒过我上网的实际情况(包括在线时间、上网次数等)。(
         (2).不太符合 (3).一般 (4).比较符合
(1).完全不符合
                                  (5).完全符合
49.即使减少或者停止上网一段时间,我也不会因此有丝毫不适的感觉。( )
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
50.不上网的时候,我很想知道网上发生的事情。( )
(1).完全不符合
         (2).不太符合 (3).一般
                        (4).比较符合
                                 (5).完全符合
51.下线几个小时后我就又想上网了,其实才过了很短的时间。(
                                   )
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合
                                  (5).完全符合
52.我从来不会通宵上网。( )
(1).完全不符合 (2).不太符合 (3).一般 (4).比较符合 (5).完全符合
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