I. Weight Gain Study ⟶ **II. One-group pretest-posttest**

1 Screening n=202

1 Screening

2 Group A Baseline n=100   2 Group B Baseline n=102

Tx

2 1st follow-up n=85   2 1st follow-up n=79   2 Baseline n=179

Tx

2 2nd follow-up n=74   2 2nd follow-up n=70   2 1st follow-up n=145*

Tx
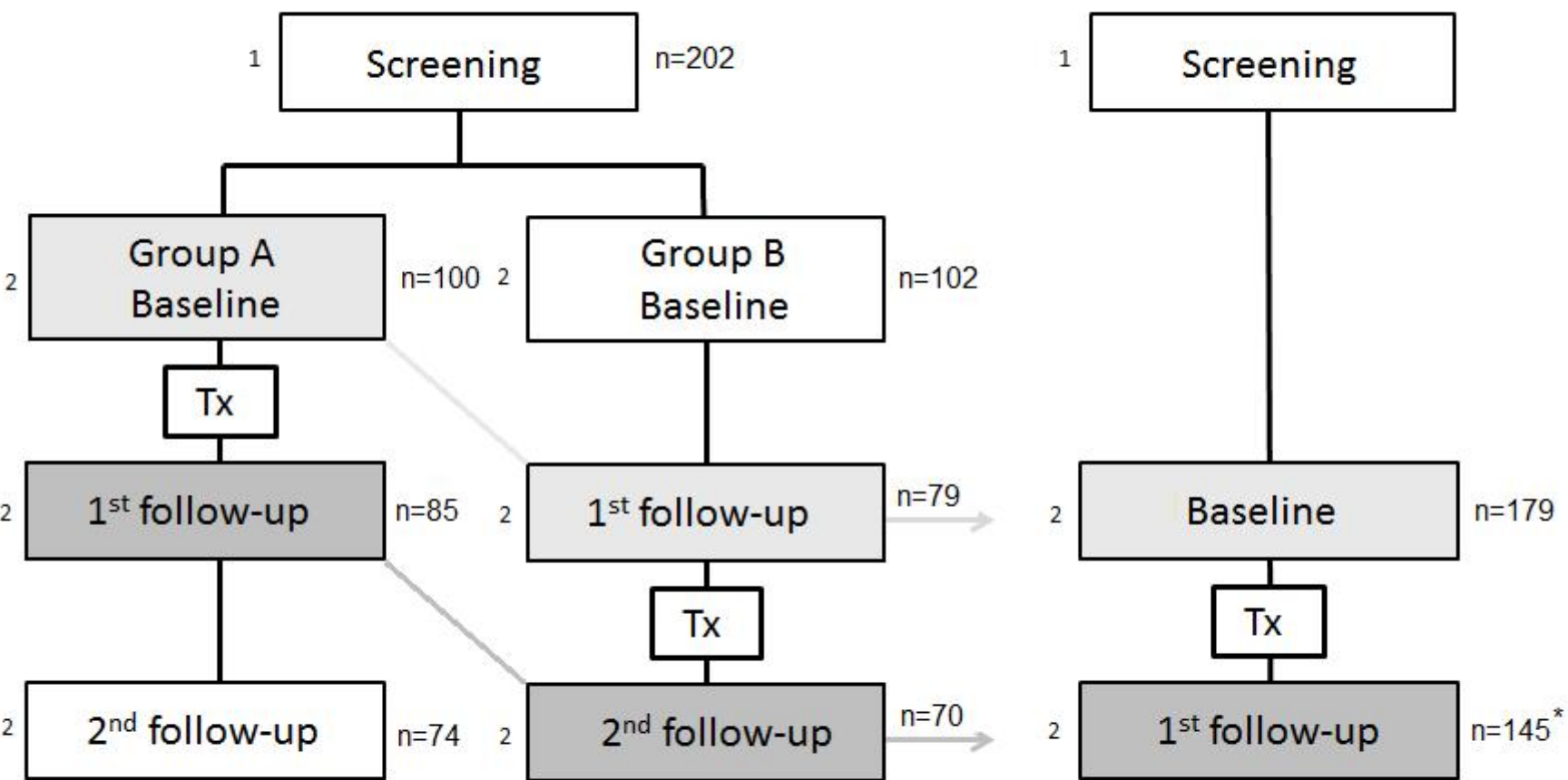
1 Clinical dental examination

2 Anthropometric and OHRQoL data

* 10 excluded due to missing data (2 in Group A, 8 in Group B)