

Context

- Obtaining organizational commitment
- Steering and working group
- Integration of the programme to organizational health system
- Local implementation planning groups
- Employee ambassadors
- Supervisor knowledge exchange
- Education of local therapists

Multi-faceted intervention

- ↑ supervisor knowledge

↑ knowledge:
- about low back pain
- how to manage low back pain
- how to improve physical work environment

- ↑ supervisor and manager support

↓ perceived physical exertion
↑ capacity to cope with pain
↑ physical capacity

↓ low back pain
↓ consequences

Resources

Input – programme

Immediate impacts

Behavioral impacts

Health outcomes