

Systematic sampling of candidate patients appointed for visits with FPs
N = 16663

Not assessed
3621 (21.7%)

Physical activity (PA) assessment by FPs: N = 13042 (78.3%)

Physically active
2592 (19.9%)

Eligible as "insufficiently active":
10450 (80.1%)

Not included 5523 (52.8%):
Exclusion criteria: 3649
Refused informed consent: 999
Failed baseline measurement: 875

Enrolled into the study
n = 4927 (47.2%)

Met minimum PA recommendations at baseline measurement
610 (12.4%)

Confirmed as insufficiently active by 7d-PAR at baseline measurement and included:
4317 (87.6%)

Patients with at least one follow-up measurement at 6, 12 or 24 months
3691 (85% of included)