education -> SBP - Total: $0.066(-0.082 ; 0.218)$ education -> SBP - Unexplained: $-0.007(-0.182 ; 0.168)$ education -> SBP - Mediated: 0.073 ( 0.000 ; 0.147) -
education $->$ BMI $->$ SBP: $0.038(0.012 ; 0.076)$ education $->$ smoking $->$ BMI $->$ SBP: $0.009(0.004 ; 0.018)$ education $->$ exercise $->$ BMI $->$ SBP: $-0.003(-0.009 ; 0.000)$
education -> DBP - Total: $0.112(0.014 ; 0.214)$ education $->$ DBP - Unexplained: $0.077(-0.028 ; 0.189)$ education -> DBP - Mediated: $0.035(-0.014 ; 0.091)$
education $->$ BMI $->$ DBP: $0.038(0.012 ; 0.076)-$ education -> smoking -> BMI -> DBP: $0.007(0.004 ; 0.014)$ education $->$ exercise $->$ BMI -> DBP: $-0.003(-0.007 ; 0.000)$ education -> exercise $->$ HR $->$ DBP: $-0.007(-0.014 ;-0.003)$

education -> SBP - Total: -0.286 (-0.417; -0.146) education $->$ SBP - Unexplained: $-0.329(-0.483 ;-0.168)$ education -> SBP - Mediated: $0.043(-0.028 ; 0.126)$
education -> BMI -> SBP: $0.030(0.011 ; 0.053)-$ education -> smoking -> BMI -> SBP: $0.012(0.005 ; 0.025)-$ education -> exercise -> BMI -> SBP: -0.011 (-0.023 ; -0.004) -
education -> DBP - Total: -0.116 (-0.207 ; -0.021)
education $->$ DBP - Unexplained: $-0.154(-0.273 ;-0.035)$
education -> DBP - Mediated: $0.038(-0.014 ; 0.098)$
education -> BMI -> DBP: $0.030(0.011$; 0.053$)-$
education $->$ smoking -> BMI -> DBP: 0.011 (0.005; 0.022) education $->$ exercise $->$ BMI $->$ DBP: $-0.010(-0.020 ;-0.004)$ education $\rightarrow$ HR $\rightarrow$ DBP: $-0.007(-0.018 ;-0.001)$


