

**Supplemental table 1: Overview of parental practices used in the child and parent ENERGY questionnaire and their assessed reliability and construct validity**

Child questionnaire	Values	Reliability		Validity		Parental questionnaire	Values	Reliability		Validity	
		ICC	%*	ICC	%†			ICC	%*	ICC	%†
<i>Soft drink consumption</i>											
If I ask my parents/ care givers for a fizzy drink of fruit squash, I get one	Always Often Sometimes Not often Never	.62	54	.54	44	If my child asks for soft drinks, I will give it to him/her	Always Often Sometimes Not often Never	.79	75	.43	61
I am allowed to take fizzy drinks or fruit squash whenever I want	Always Often Sometimes Not often Never	.68	52	.30	43	My child is allowed to take soft drinks whenever (s)he wants	Always Often Sometimes Not often Never	.83	73	.64	59
Are there usually fizzy drinks or fruit squash at your home?	Always Often Sometimes Not often Never	.74	61	.52	46	There are soft drinks available at home for my child	Always Often Sometimes Not often Never	.85	73	.67	65
<i>Fruit juice consumption</i>											
I am allowed to take fruit juices whenever I want	Always Often Sometimes Not often Never	.67	59	.48	53	My child is allowed to take fruit juices whenever (s)he wants	Always Often Sometimes Not often Never	.78	67	.59	48
Are there usually fruit juices in your home?	Always Often Sometimes Not often Never	.67	59	.57	52	There are fruit juices available at home for my child	Always Often Sometimes Not often Never	.86	75	.63	61
<i>Having breakfast</i>											
My parents/ care givers encourage me to have breakfast/	I fully agree I agree a bit Neither agree nor disagree I disagree a bit I fully disagree	.65	59	.40	54	I encourage my child to have breakfast	Always Often Sometimes Not often Never	.62	80	.37	43
Are there usually breakfast products (e.g. milk, cereal, bread) at your home?	Always Often Sometimes Not often Never	.42	75	.25	80	There are breakfast products (e.g. milk, cereal, bread) available at home for my child	Always Often Sometimes Not often Never	.68	95	.28	98
How often do you eat breakfast with your parents/care givers?	Never Less than once a week Once a week 2-4 days a week 5-6 days a week Every day	.74	51	.66	41	How often do you and/or your spouse/partner have breakfast together with your child?	Never Once a week 2-4 days a week 5-6 days a week Every day	.79	65	.80	71
<i>Physical activity/ sports</i>											
My parents/ care givers encourage me to be physically active/ do sports	I fully agree I agree a bit Neither agree nor disagree I disagree a bit I fully disagree	.65	62	.37	52	I encourage my child to take part in physical activity/sports	Always Often Sometimes Not often Never	.80	78	.30	54

How often do you take part in physical activity/ do sports with your parents/care givers?	Never Less than once a week Once a week 2-4 days a week 5-6 days a week † Every day	.47	47	.24	51	How often do you and/ or your spouse/ partner participate in physical activity/ sports together with your child (e.g. play games outside, ride bikes, walk, play sports together)?	Never Less than once a week Once a week 2-4 days a week 5-6 days a week Every day	.80	73	.56	57
<i>Watching TV</i> My parents/ care givers allow me to watch television whenever I want/	I fully agree I agree a bit Neither agree nor disagree I disagree a bit I fully disagree	.68	51	.35	33	My child is allowed to watch TV/video/dvd whenever (s)he wants	Always Often Sometimes Not often Never	.72	61	.55	43
If I ask my parents/ care givers to watch television, I can do so	Always Often Sometimes Not often Never	.63	61	.39	57	If my child asks if (s)he is allowed to watch TV/video/dvd, I will allow it	Always Often Sometimes Not often Never	.66	77	.61	58
Do you have a television in your own bedroom?	Yes No	.92	96	.81	91	TV/video/DVD is available in my child's room	Yes No	.97	99	.94	97
How often do you watch television with your parents/care givers?	Never Less than once a week Once a week 2-4 days a week 5-6 days a week Every day once a day Every day, more than once a day	.64	41	.49	37	How often do you (one parent/spouse/ partner or both) watch television together with your child?	Never Less than once a week Once a week 2-4 days a week 5-6 days a week	.72	69	.70	69

Abbreviations: ICC, intraclass correlation coefficient

\* Percentage agreement between test retest study using the same questionnaire

† Percentage agreement between questionnaire and subsequent interview

From:

Singh AS, Vik FN, Chinapaw MJ, Uijtdewilligen L, Verloigne M, Fernandez-Alvira JM, *et al.* Test-retest reliability and construct validity of the ENERGY-child questionnaire on energy balance-related behaviours and their potential determinants: the ENERGY-project. *Int J Behav Nutr Phys Act.* 2011; 8: 136.

Singh AS, Vik FN, Chinapaw MJ, Uijtdewilligen L, Froydis NV, van Lippevelde W, *et al.* Test-retest reliability and construct validity of the ENERGY-parent questionnaire on parenting practices, energy balance-related behaviours and their potential behavioural determinants: the ENERGY-project. *BMC Res Notes.* 2012; 5: 434.