Additional file 2. Measurement items of each determinant per energy balance-related behaviour of the EPHE parental questionnaire.

| Family Environmental categorised correlates |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Description | Fruit ${ }^{\text {a }}$ | Vegetables ${ }^{\text {a }}$ | Water | Fruit juices ${ }^{\text {b }}$ | Soft drinks ${ }^{\text {b }}$ | Television viewing ${ }^{\text {b }}$ | Computer time |
| Social Environment |  |  |  |  |  |  |  |  |
| Parenting practices | Assessing parenting rules and practices applied to the child in relation to Energy balance-related behaviours | 1. My <br> spouse/partner and/or I often encourage our child to eat fruits. <br> 2. Do you and/or your spouse/partner tell your child to eat fruit every day? <br> 3. Is your child allowed to eat as much fruit as (s)he likes at home? <br> 4. Do you or your spouse/partner usually cut up fruit for your child in between meals? | 1. My <br> spouse/partner and/or I often encourage our child to eat vegetables every day. <br> 2. Do you and/or your spouse/partner tell your child to eat vegetables every day? <br> 3. Is your child allowed to eat as many vegetables as (s)he would like at home? <br> 4. Do you or your spouse/partner usually cut up vegetables for your child in between meals? <br> 5. Are there usually vegetables served with dinner (or lunch) at your home? |  | 1. I pay attention to the amount of fruit juices my child drinks. <br> 2. If my child asks for fruit juices, I will give it to him/her. <br> 3. My child is allowed to take fruit juices whenever (s)he wants. <br> 4. I negotiate with my child how much fruit juices (s)he is allowed to drink. <br> 5. How often do you tell your child that fruit juices are not good for him/her? <br> 6. How often do you tell your child that fruit juices make him/her fat? <br> 7. If I would like to drink fruit juices, I would restrain myself because of the presence of my child. | 1. I pay attention to the amount of soft drinks my child drinks. <br> 2. If my child asks for soft drinks, I will give it to him/her. <br> 3. My child is allowed to take soft drinks whenever (s)he wants. <br> 3. How often do you tell your child that soft drinks are not good for him/her? <br> 4. How often do you tell your child that soft drinks make him/her fat? <br> 5. If I would like to drink soft drinks, I would restrain myself because of the presence of my child. <br> 6. If I prohibit my child from drinking soft drinks, I find it difficult to stick to | 1. I pay attention to the amount of the time my child watches TV. <br> 2. If my child asks if ( $s$ )he is allowed to watch TV I will allow it. <br> 3. My child is allowed to watch TV whenever (s)he wants. <br> 4. I negotiate with my child how much (s)he is allowed to watch TV. <br> 5. If I would like to watch TV for leisure time, I would restrain myself because of the presence of my child. <br> 6. If I prohibit my child from watching TV, I find it difficult to stick to my rule(s) if (s)he starts negotiating. <br> 7. I allow my child to watch TV as a | 1. I pay attention to the amount of the time my child plays computer games. <br> 2. If my child asks if ( $s$ )he is allowed to play computer games I will allow it. <br> 3. My child is allowed to play computer games whenever (s)he wants. <br> 4. I negotiate with my child how much (s)he is allowed to play computer games. <br> 5. If I would like to use the computer for leisure time, I would restrain myself because of the presence of my child. <br> 6. If I prohibit my child from playing computer games, I find it difficult to stick to my rule(s) |

Additional file 2. Measurement items of each determinant per energy balance-related behaviour of the EPHE parental questionnaire (continued).

|  |  |  |  | 8. If I prohibit my child from drinking fruit juices, I find it difficult to stick to my rule(s) if (s)he starts negotiating. 9. I give fruit juices to my child as a reward or to comfort him/her. | my rule(s) if (s)he starts negotiating. <br> 7. I give soft drinks to my child as a reward or to comfort him/her. | reward or to comfort him/her. <br> 8. How often do you tell to your child that watching TV/playing computer games is not good for him/her? <br> 9. How often do you tell to your child that watching TV/playing computer games makes him/her fat? | if (s)he starts negotiating. <br> 7. I allow my child to play computer games as a reward or to comfort him/her. <br> 8. How often do you tell to your child that watching TV/playing computer games is not good for him/her? <br> 9. How often do you tell to your child that watching TV/playing computer games makes him/her fat? |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Parental knowledge | Assessing parental perception of child's dietary intake and knowledge of recommended dietary intake | 1. Do you think that your child eats much or a little fruit? <br> 2. How much fruit do you think your child should eat to have a healthy diet? | 1. Do you think that your child eats many or few vegetables? <br> 2. How many vegetables do you think your child should eat to have a healthy diet? |  |  |  |  |
| Performing EBRB together | Assessing the frequency that parents conduct the EBRB together with their child | 1. We often eat fruit together the whole family. | 1. We often eat vegetables together the whole family. | 1. How often do you and/or your spouse/partner drink fruit juices together with your child? | 1. How often do you (one parent/ spouse/partner or both) drink soft drinks together with your child? | 1. How often do you and/or spouse/ partner watch television together with your child? | 1. How often do you and/or spouse/ partner play computer games together with your child? |
| Child's nagging behaviour | Assess the child's reaction when parent prohibits an |  |  | 1. If I prohibit my child from | 1. If I prohibit my child from | 1. If I prohibit my child to watch TV | 1. If I prohibit my child to use the |

Additional file 2. Measurement items of each determinant per energy balance-related behaviour of the EPHE parental questionnaire (continued).

| action |  |  |  |  | drinking fruit |  | for leisure time, |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Physical Environment |  |  |  |  |  |  |  |  |
| Home availability | Assessing whether specific food products or equipment related to Energy balancerelated behaviours are available at home for the child | 1. Are there usually different kinds of fruits available in your home? | 1. Are there usually different kinds of vegetables available in your home? |  | 1. There are fruit juices available at home for my child. | 1. There are soft drinks available at home for my child. | 1. TV is available in my child's bedroom. |  |
| Situation specific habit | Assessing the specific situations that child habitually conducts an EBRB | 1. It is a habit of my child to eat fruit every day. <br> 2. Does your child usually bring fruit with him/her at school? | 1. It is a habit for my child to eat vegetables every day. <br> 2. Does your child usually bring vegetables with him/her at school? | 1. Does your child drink water during mealtime? <br> 2. Does your child drink water between meals? <br> 3. Does your child drink water during/after sports or playing? | 1. In which situation(s) is your child most likely to drink fruit juices? | 1. In which situation(s) is your child most likely to drink soft drinks? | 1. How often is the TV on during dinner (supper/ evening meal) in your home? |  |
|  |  |  | Family Environmenta | non-categorised cor | lates |  |  |  |
| Economic Environment |  |  |  |  |  |  |  |  |
| Price influence | Assessing the influence of price on parent's food choices for their child | 1. I do not give my child some foods because they cost too much ${ }^{\text {b }}$ |  |  |  |  |  |  |
| Food characteristics | Assessing characteristics that influence parents' food choice for the child's meal | 1. What do you consider to be the most important characteristic (s) of your child's meal? ${ }^{\text {b }}$ |  |  |  |  |  |  |

[^0]${ }^{\mathrm{b}}$ Items of these categories are derived from the ENERGY parental questionnaire [22].


[^0]:    ${ }^{\mathbf{a}}$ Items of these categories are based on the Pro children [23] and PRO-GREENS [24] child questionnaires.

