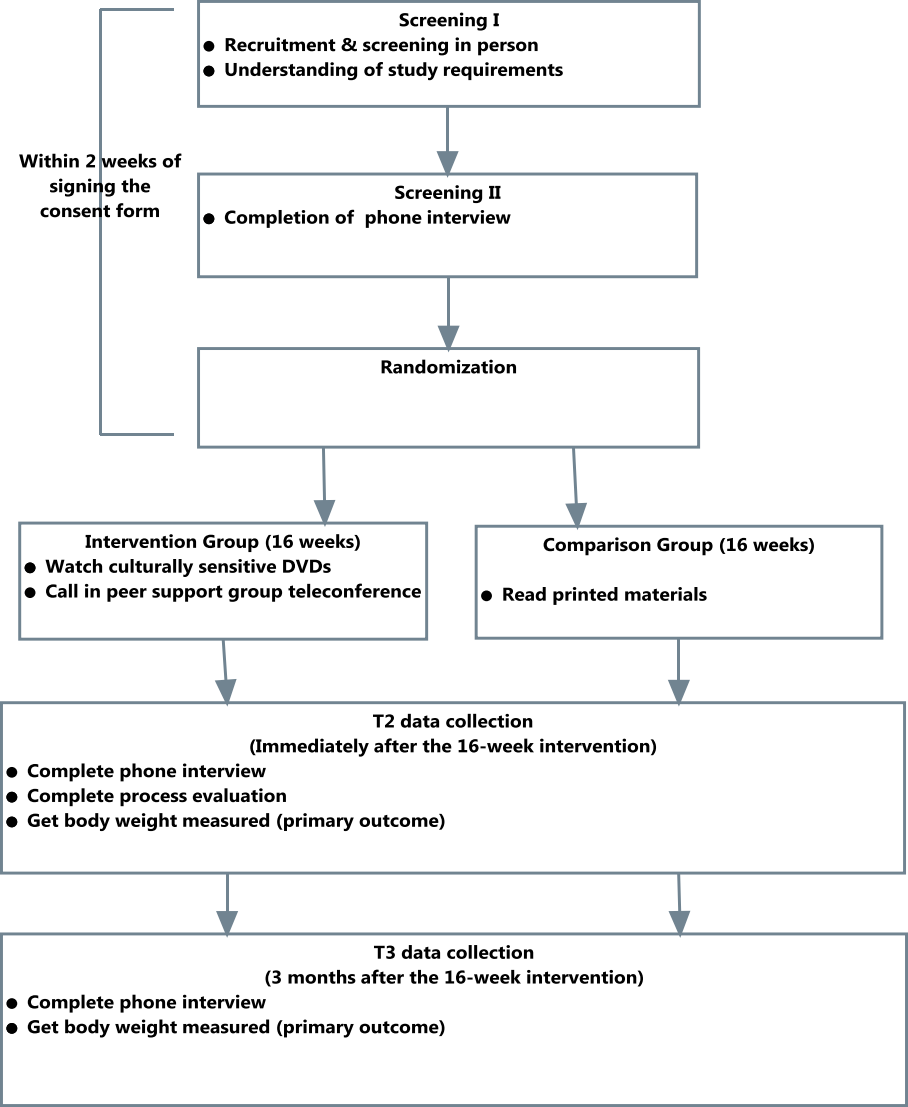
Screening I
Recruitment & screening in person
Understanding of study requirements
Within 2 weeks of signing the consent form
Screening II
Completion of phone interview
Randomization
Intervention Group (16 weeks)
Watch culturally sensitive DVDs
Call in peer support group teleconference
Comparison Group (16 weeks)
Read printed materials
T2 data collection
(Immediately after the 16-week intervention)
Complete phone interview
Complete process evaluation
Get body weight measured (primary outcome)
T3 data collection
(3 months after the 16-week intervention)
Complete phone interview
Get body weight measured (primary outcome)