

Alumni who graduated between 1956 and 1991; n=3,918

Exclusion:

Died or no record of address; n=382

Alumni who were mailed follow-up questionnaire; n=3,536

Alumni who returned questionnaire; n=1,385

Exclusion:

Did not answer the questionnaire; n=37

Alumni who graduated after 1971* ; n=570

Exclusion:
Alumni who graduated before 1971* ; n=778
(No cardiorespiratory fitness data*)

Present study subjects