

Additional file 2

Example of meaning units and abstraction till sub-themes for two data sections (different colours) from one participant in FGD 1

Meaning units	Condensed meaning units	Codes	Sub-categories	Categories	Sub-themes
To get a pack of vegetables that cost minimum 20/-, we have to pay a bus fare of 10/-. So, we need total 30/-. Some of us have to take an auto for 45/- to get this 20/- vegetables.	Transport is more expensive than the vegetables	Expensive travel	Financial access to market - Money costs	Monetary and other costs	Counting and meeting the costs
Mornings often there is no bus.	No transport to market	Lack of transport to market	Physical access to market – Money and effort costs		
For return, if the auto driver is nice, he may charge only 30/-. Or else we have to walk.	Market is too far away – too much to spend	Market is too far away			
If we walk in this sun, we will be so tired or sick with cough or breathing difficulty that next day we can't go anywhere, do anything.	Market is too far away – too much effort	Cannot cope the next day	Adjustment or coping costs		
Sometimes, when we feel we cannot walk, we just decide that there will be no vegetables on that day.	It is too much trouble to get vegetables	Adjust with no vegetables			
We use 'chammanthi' if we don't have fish.	Use only coconut chutney and rice	Manage basic needs	Manage with what we have		
Most of the time we don't use vegetables.	Don't use vegetables regularly	Cannot afford vegetables regularly			
We don't have money of our own so, we can't do anything.	No money of our own	Women have no money of their own	Financial resources and dependence		
We can only use the money that our husbands give us.	Money given by spouse	Money has to be given by spouse			