

Supplemental Table

Inclusion criteria for articles

| Data type | Inclusion criteria |
|---|---|
| Participants | - >17 years of age |
| Language | - Available in English language |
| Study design | - Used experimental or quasi-experimental design - Qualitative analysis of a physical activity intervention |
| Control condition | - Any comparator including active control, inactive control, or pre and post-measure |
| Intervention | - Explicit statement of the use of at least one group-based strategy |
| Primary outcome(s) (at least one of these outcomes) | - Physical activity - Exercise - Fitness - Adherence - Qualitative measure of physical activity behaviors |