Additional file 2 Scoring scheme for health skills measures

Questions		Marking scheme	
Medicine labels (baseline and immediate follow-up)			
1.	When does the medicine expire?	May 2016 = 1 (response 3)	1
		Zero for any other responses	
2.	I have a stomach ulcer. Can I use this	Yes = 1 (response 2)	1
	medicine?	Zero for any other responses	
3.	My son is 6 years old. Can he use this medicine?	No = 1 (response 1)	1
		Zero for any other responses	
4.	I took 2 capsules at 10am. When can I take another 2?	2pm – 4pm =1	1
		14:00 - 16:00 / 2pm / 3pm / 4pm = 1	
		Zero for 2am-4am	
		Zero for 4-6 hours	
		Zero for 2pm-6pm	
		Zero for any other responses	
5.	My 3 year old son found a packet and has eaten 6 capsules. What should I	Call the Poison Information Centre or go to	1
		hospital immediately $= 1$	
	do?	Mention "hospital" "poisons information"	
		= 1	
		Zero for "ambulance" "go to doctor"	
		Total	5
Ta	king temperatures (baseline and imm	ediate follow-up)	
1.	What temperature is shown on thermometer 1?	39 - 40 = 1	1
		Zero for any other values	
2.	This morning I took my temperature	No = 1	1
2.	with thermometer 2. This is the reading I got. It this ok?	Zero for any other responses	
3.	On thermometer 3 write what	35.8 - 37.4 = 1	1
	temperature you think is normal for a	96.4 - 99.3F = 1	
	healthy adult.	Zero for any other values	
		Total	3

1. Do you look at food labels when you buy packaged food?       NA         2. What kind of food is this?       soup, potato and leek soup, vegetable soup = 1         2. What is the main ingredient?       Vegetables = 1         3. What is the main ingredient?       Vegetables = 1         4. How do you make this food?       Similar to correct answers.         Empty one sachet into a muge 1       2         5. If this package was being sold next       Similar to correct answers (1)         July would you buy it? Why/Why not?       Reason (exp date) implying 'no' (not explicitly stating 'No') = 1         No + reason incl expiry date = 1       Reason (exp date) implying 'no' (not explicitly stating 'No') = 1         No (without stating reason) = 0       No         No that are kilojoules?       A measurement of energy. Or explain that food high in kilojoules are high energy foods         Anything with energy = 1       1         1000 units of joules = 0       1         Pat/weight/calorie = 0       1         7. How many kilojoules are in a serve of this food?       Zero for any other response         9. Why would this be important to check?       Salt/sodium can cause high blood pressure; or mention heart, kidneys, diabetes, blood pressure; or mention heart,		od labels and Nutritional information	n (immediate follow-up only)	
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Total 10			Salt/sodium = 0	
10001 10			Total	10

Ne	Newest Vital Sign (baseline only)					
		Published criteria	Accepted responses	Max		
1.	How many calories (kcal) will you eat if you eat the whole container?	1,000 KCAL or 1,000 CALORIES 4200kJ	1000 calories 1000 kcal	1		
			4200 kj 1000 g/c/ccal/mkl/ml/			
2.	If you are advised to eat no more than 60 grams of carbohydrate for dessert, what is the maximum amount of ice cream you could have?	Two servings (or anything up to 2 servings) OR Half the container (or any amount up to half the container) OR 200 ml (or any amount up to 200 ml).	2 ice creams/2 scoops/1 scoop/200ml/200g/ <sup>1</sup> / <sub>2</sub> container	1		
			Zero for 2g/13g/180g / 30g / 50g / 60/2 cups / 2			
3.	Imagine that your doctor advises you to reduce the amount of saturated fat in your diet. You usually have 42g of saturated fat each day, some of which comes from one serving of ice cream. If you stop eating ice cream, how many grams of saturated fat would you be eating each day?	33g	33g Zero for any other	1		
4.	If you usually eat 2500 calories each day, what percentage of your daily calories (kcal) intake will you get if you eat one serving of ice cream?	10% or 1/10 <sup>th</sup>	0.1 10%	1		
5.	Is it safe for you to eat this ice cream?	No	No	1		
6.	Why or why not?	Because it contains peanut oil/peanuts/nuts	Peanuts/peanut oil Allergic to peanuts Zero for "allergic"	1		
			Total	6		