## Additional File 2. Summary of correlations of physical activity data assessed by questionnaires and accelerometers with respect to BMI

| Study | Journal | No. of Participants | Accelerometer used | Accelerometer wear method | Questionnaire used in investigation | Results |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Timperio, } \\ & 2003 \end{aligned}$ | J Sci Med <br> Sport. 2003 <br> Dec; <br> 6(4):477-91. | $\begin{aligned} & \mathrm{n}=144 \\ & \mathrm{n}=122 \text { (for } \\ & \text { validation } \\ & \text { data) } \\ & 18+\text { years } \end{aligned}$ | MTI/CSA accelerometer (model 7164) | 7 consecutive days, during waking hours, attached with adjustable belt, on right hip, 1 minute epochs | One week recall PAQ, assesses frequency and duration of walking, other moderate intensity activity and vigorous intensity activity, questionnaire administered twice -> 3 days apart, again after accelerometer measurement |  |
| Friedenreich 2006 | Am J <br> Epidemiol. <br> 2006 May <br> 15; <br> 163(10):959 <br> -70. Epub <br> 2006 Mar 8 | $\mathrm{n}=154,35-$ <br> 65 years, residence in <br> Calgary <br> Health <br> Region of Alberta, Canada | MTI ActiGraph (Manufacturing Technology Inc., Fort Walton Beach, FL, USA) | 7 days during waking hours, 4 one week periods within 1 year, 12 weeks apart to cover all seasons during waking hours, $\min 3$ days, min 10 hours/day | PYTPYQ (past year total physical activity qu), occupational, household, recreational activity, at baseline, 9 weeks after baseline, after 12 months | Spearman rank correlation PYTPAQ - Acc (total PA) $\rho=0.26$ (total population) $p<0.05$ <br> $\rho=0.39$ (male) p $<0.001$ <br> $\rho=0.14$ (female) <br> $\rho=0.43($ age $<50)$ <br> p $<0.001$ <br> $\rho=0.05($ age $\geq 50)$ <br> $\rho=0.38(\mathrm{BMI}<25)$ <br> p $<0.05$ <br> $\rho=0.19(\mathrm{BMI} \geq 25)$ <br> $\rho=0.26$ (moderate PA) *significant <br> $\rho=0.34$ (vigorous PA) *significant <br> $\rho=-0.08$ (light PA) |


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| Cust, 2008 | Intl Journal of <br> Behavioral Nutrition and Physical Activity. 2008. 5:33 | $\begin{aligned} & 100 \text { men, } 82 \\ & \text { women, } 50- \\ & 65 \end{aligned}$ | ActiGraph (MTI) model 7164, LLC, Fort Walton Beach, FL | Right hip, attached to elastic belt. 3 separate 7consecutive day periods during follow up each 14 weeks apart. Wear during waking hours except when in water. 1 minute epochs. Valid days min. 10 hrs . weeks with fewer than 4-days valid data were excluded | EPIC questionnaire - for PA in pastyear in occupational, leisure, and home domains. <br> Friedenreich Lifetime Total Physical Activity Questionnaire (LTPAQ). Frequency, duration, and intensity of physical activity in 4 different domains (work, recreation, home, transport) over lifetime. | EPIC \& Accelerometer: <br> PA: $\rho=0.29(0.15-0.42)$ <br> Cambridge Index: $\rho=0.32$ (0.19-0.45) <br> Occupational Level Index: $\rho=0.37(0.22-0.51)$ <br> EPIC Qu measures - total PA (accelerometer) <br> Total non-occupational: $\rho=0.21$ (0.07-0.35) <br> Males: $\rho=0.24(0.05-0.42)$ <br> Females $\rho=0.16(-0.06-0.36)$ <br> $<27.2$ BMI (89): $\rho=0.33(0.14-0.51)$ <br> $\geq 27.2$ BMI (92): $\rho=0.12(-0.09-0.32)$ <br> $<58 y r s(95): \rho=0.25(0.05-0.43)$ <br> $\geq 58$ yrs (87): $\rho=0.18(-0.03-0.37)$ <br> Full Time work (113): $\rho=0.17(-0.02-0.34)$ <br> Other (68): $\rho=0.30(0.07-0.50)$ <br> Vigorous Activity (self-rated): $\rho=0.18(0.04-0.50)$ <br> Vigorous Activity (MET): $\rho=0.23(0.09-0.37)$ <br> Light-Moderate Activity: $\rho=0.19(0.05-0.33)$ |
| Lee, 2011 | Int J Behav <br> Nutr Phys <br> Act. 2011 <br> Aug 1; 8:81. | $\begin{aligned} & \mathrm{n}=1270 \\ & (42.9 \pm 14.4 \\ & \text { years }) \end{aligned}$ | ActiGraph <br> GT1M | 4 consecutive days, around waist, 2 weekdays +2 weekend days, during waking hours, first day always Thursday, Friday, Saturday), less than 600 min of registered time/day-> invalid, 1 min epoch, | IPAQ-C, short form (9items vs. 31items long form), equivalent psychometric properties to the long form | Spearman correlation <br> IPAQ-C (moderate PA) vs. Acc (min in moderate PA) $\rho=0.10, \mathrm{P}<0.05$ men $; \rho=0.09, \mathrm{P}<0.05$ women <br> $\rho=0.05 \leqq 29$ years; $\rho=0.09 \underline{30-49}$ years; $\rho=\mathrm{P}<0.05 \geq 50$ years <br> $\rho=0.10 \underline{\mathrm{BMI}} \geq 25 ; \rho=0.09, \mathrm{P}<0.01 \mathrm{BMI}<25$ <br> IPAQ-C (vigorous PA) vs. Acc (min in vigorous PA) <br> $\rho=0.23, \mathrm{P}<0.001 \mathrm{men} ; \rho=0.09, \mathrm{P}<0.05$ women <br> $\rho=0.21, \mathrm{P}<0.001 \leqq 29$ years; $\rho=0.12, \mathrm{P}<0.01 \leqq 30-49$ years; <br> $\rho=\mathrm{P}<0.01 \geq 50$ years <br> $\rho=0.22, \mathrm{P}<0.001 \underline{\mathrm{BMI} \geq 25} ; \rho=0.14, \mathrm{P}<0.001 \underline{\mathrm{BMI}<25}$ <br> IPAQ-C (total MET) vs. Acc (counts/h) <br> $\rho=0.18, \mathrm{P}<0.001$ men; $\rho=0.15, \mathrm{P}<0.001$ women <br> $\rho=0.04 \leq 29$ years; $\rho=0.19, \mathrm{P}<0.001$ 30-49 years; <br> $\rho=0.25, \mathrm{P}<0.001 \geq 50$ years <br> $\rho=0.21, \mathrm{P}<0.001 \underline{\mathrm{BMI} \geqq 25} ; \rho=0.14, \mathrm{P}<0.001 \underline{\mathrm{BMI}<25}$ |


| Additional File 2. Summary of correlations of physical activity data assessed by questionnaires and accelerometers with respect to BMI (continued) |  |  |  |  |  |  |
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| Study | Journal | No. of Participants | Accelerometer used | Accelerometer wear method | Questionnaire used in investigation | Results |
| Kwak, 2012 | J Phys Act <br> Health. 2012 <br> Nov;9(8):11 <br> 30-7. Epub <br> 2011 Dec <br> 27. | $\mathrm{N}=440,$ <br> mean <br> age $=49.4$ <br> years, $44 \%$ <br> males | ActiGraph <br> GT1M <br> (ActiGraph, <br> Pensacola, <br> Florida, USA) | 7 days, during waking hours, attached to the center of gravity | International Physical Activity Questionnaire (IPAQ) long form, at least 4 days with at least 10 hours/day | Spearman correlation <br> IPAQ-L work vs. accelerometer (min/day) <br> Total <br> Accelerometer-MVPA-work: $\rho=0.46, \mathrm{P}<0.01$ <br> Accelerometer-work: $\quad \rho=0.39, \mathrm{P}<0.01$ <br> Accelerometer-total: $\quad \rho=0.26, \mathrm{P}<0.01$ <br> Men <br> Accelerometer-MVPA-work: $\rho=0.44, \mathrm{P}<0.01$ <br> Accelerometer-work: $\quad \rho=0.33, \mathrm{P}<0.01$ <br> Accelerometer-total: $\quad \rho=0.21, \mathrm{P}<0.01$ <br> Women <br> Accelerometer-MVPA-work: $\rho=0.49, \mathrm{P}<0.01$ <br> Accelerometer-work: $\quad \rho=0.41, \mathrm{P}<0.01$ <br> Accelerometer-total: $\quad \rho=0.36, \mathrm{P}<0.01$ <br> BMI <br> ( $<25 \mathrm{~kg} / \mathrm{m}^{2}$ ) Accelerometer-MVPA-work: $\rho=0.44, \mathrm{P}<0.01$ <br> Accelerometer-work: $\quad \rho=0.41, \mathrm{P}<0.01$ <br> Accelerometer-total: $\quad \rho=0.36, \mathrm{P}<0.01$ <br> (25-30 kg/m ${ }^{2}$ ) Accelerometer-work: $\quad \rho=0.55, \mathrm{P}<0.01$ <br> Accelerometer-work: $\quad \rho=0.43, \mathrm{P}<0.01$ <br> Accelerometer-total: $\quad \rho=0.28, \mathrm{P}<0.01$ <br> ( $\geq 30 \mathrm{~kg} / \mathrm{m}^{2}$ ) Accelerometer-total: $\quad \rho=0.27, \mathrm{P}<0.01$ <br> Accelerometer-work: $\quad \rho=0.26$, n.s. <br> Accelerometer-total: $\quad \rho=0.01$, n.s. |


| Additional File 2. Summary of correlations of physical activity data assessed by questionnaires and accelerometers with respect to BMI (continued) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Study | Journal | No. of Participants | Accelerometer used | Accelerometer wear method | Questionnaire used in investigation | Results |  |
| $\begin{aligned} & \text { Warner, } \\ & 2013 \end{aligned}$ | Am J Health Behav. Mar 2012; 36(2): 168-178. | $\mathrm{N}=135$ | Actical; Phillips/Respiro nics, Bend, OR USA) | 6 consecutive days, on hip, with clip, or waistband, during waking hours, $\geq 4$ days, $\geq 10 \mathrm{~h} / \mathrm{d}$, within 10 h max. 2 h period of non-wear time | IPAQ short form | Age and gender adjus IPAQ-S vs. accelerom 1min-bout length : Underweight/normal: Overweight: Obese: 10min-bout length: Underweight/normal: Overweight: Obese: | arman correlation coefficients $\begin{aligned} & \rho=0.28, \mathrm{P}=0.14 \\ & \rho=0.43, \mathrm{P}=0.022 \\ & \rho=0.21, \mathrm{P}=0.067 \\ & \rho=0.36, \mathrm{P}=0.055 \\ & \rho=0.55, \mathrm{P}=0.0026 \\ & \rho=0.14, \mathrm{P}=0.24 \end{aligned}$ |

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[^0]:    Abbreviations: IPAQ, International Physical Activity Questionnaire; Acc, accelerometry; BWHS, Black Women’s Health Study; Qu, Questionnaire; PYTPYQ, past year total physical activity questionnaire; PA, physical activity; PAQ-EJ, physical activity questionnaire for elderly Japanese; MET, metabolic equivalent of task; PASE, physical activity scale for the elderly; EPIC, European Prospective Investigation into Cancer and Nutrition; EE, energy expenditure; GPAQ, Global Physical Activity Questionnaire; MVPA, moderate-vigorous physical activity; SP2PAQ, Singapore Prospective Study Program Physical Activity Questionnaire;

