We need to record a little bit of information about you and also about your dog(s) if you have any.

Section 1: About You

impair your mobility

| 1. Participant ID: |
|---|
| 2. Gender: Male □ Female □ |
| 3. Age:yearsmonths |
| 4. Height: |
| 5. Weight: |
| 6. Are you a car owner? (please tick one) Yes □ No □ |
| 7. Which of the following do you live in? (please tick one) House Flat Bungalow Sheltered Housing Other (please state) |
| 8. Do you regularly (i.e. weekly) undertake any leisure activities? (e.g. swimming, bridge, bingo, rambling, yoga, |
| meditation) Yes No |
| |
| If yes, please state what they are |
| |
| ······································ |
| 9. Please provide details of any current disorder(s) which |

| | • | s can you v capabilities | | e go? | (please tick |
|---------------------|-------------|----------------------------------|------------|--------|--------------------------|
| 0.5 | 1 | 2 | 3 | 4 | 5 or more |
| | | | | | |
| condition | | ong-standi ty (e.g. ch s)? | | | |
| Yes □ | No | | | | |
| If yes, ple | ease give o | details | | | |
| | | | | | |
| | | | | | |
| 12. Have condition? | • | nad to give | e up a pet | due to | a health |
| Yes □ | No | | | | |
| If yes, ple | _ | • | | · | |
| ••••• | | ••••• | •••••• | | |
| • | • | lease move se answer | | | 2. If you do Jestion. |
| 13. (non- Yes □ | | rs) Have yo | ou previou | sly ow | ned a dog? |
| If yes, ple | ease give o | details (wh | at and who | en) | |
| | | | | | |
| | | | | | |

Participant and Dog Information questionnaire developed for: The influence of dog ownership on objective measures of free-living physical activity and sedentary behaviour in community-dwelling older adults. Mills D, Ellis S, Ellis B, Dall PM, Grant PM, Granat MH. Funded by an ISAZ/WALTHAM award 2012.

Section 2: About Your dog(s)

Please complete a separate sheet for each dog you own.

| Dog 1 1. Name | |
|--|---|
| 2. Gender (please tick one): Male \Box Female \Box | |
| 3. Neutered (Please tick one) YES \square NO \square | |
| 4. Age (to the nearest month) | |
| 5. What type of dog do you have? Please tick one of the following. Pedigree (e.g. Labrador retriever) Mixed breed (e.g. Labradoodle, collie x Labrador) Crossbreed (i.e. parentage unknown or more than two breeds) | |
| 6. What size is your dog? Please tick one of the following Giant (e.g. St Bernard) Large (e.g. German Shepherd) Medium (e.g. Springer Spaniel) Small (e.g. West Highland Terrier) Toy (e.g. Yorkshire Terrier) | |
| 7. Length of time you have owned him or her | |
| 8. Are you the sole carer for your dog? (please tick one) YES NO | • |

If the answer is no, please give an approximate percentage of total responsibility for care (including exercising the dog) and a percentage of the time they are responsible for exercising the dog.

| % total care |
|---|
| % exercise |
| 9. Do you take part in any extra activities with your dog beyond walking outside of the home, for example agility, training classes, therapy work (please tick one)? YES NO |
| If Yes, please state what they are and how often you undertake them |
| |
| |
| 10. Do you take part in any dog related activities within the home environment, for example playing with the dog in the house or the garden (please tick one)? YES \square NO \square |
| If Yes, please state what they are and how often you undertake them |
| |
| |
| |
| 11. Do you predominantly exercise your dog on or off lead for walks? |
| 12. If there are times when you do not let your dog off lead when exercising, why is that? (Please tick as many as applicable) |

For example, if you are responsible for half of the dogs care but all of his exercise you would stipulate 50% for

total care and 100% for exercise.

Environment not suitable (e.g. too muddy, not secure, not allowed) Not wanting my dog to interact freely with other dogs (e.g. for health reasons, behaviour reasons, for dog safety) For reasons relating to my dog (e.g. poor recall, eating undesirable items, health reasons) For reasons relating to myself (e.g. personal safety, health reasons) 13. Do you feel that this dog inhibits your lifestyle? (For example your dog has dog become elderly and your exercise is restricted by your dog. Your dog may have separation anxiety and you can no longer go out without them or for short periods of time only.) □ Matches my lifestyle □ This dog restricts my lifestyle