

Table S1: Content validity of the A-IPAQ

Item	Communality	Factor loadings
Factor 1: Job-related PA		
Total duration of walking	0.795	0.897
Total duration of vigorous PA	0.754	0.860
Factor 2: Leisure PA except walks		
Total duration of bike movements	0.646	0.777
Total duration of moderate leisure PA	0.594	0.770
Total duration of vigorous leisure PA	0.524	0.615
Factor 3: Indoor sedentarity and PA		
Mean daily sitting last week end	0.721	0.870
Mean daily sitting last week days	0.709	0.631
Moderate in-house PA	0.573	-0.558
Factor 4: Additional PA		
Total moderate PA at work	0.616	0.766
Total walking to move from one place to another	0.680	0.753
Total vigorous PA garden/yard	0.525	0.578
Factor 5: Total motorized movement	0.742	0.858
Factor 6: Total leisure walk	0.880	0.949