

Vitamin D distribution among Saudi Men

Questionnaire

Hospital number:

Age:Year

Are you a smoker Yes No

Do you have a prostate problem Yes No

If Yes, please verify

Are you getting vitamin D supplementation Yes No

If Yes, for how long:

Exposure to sunlight:

- Daily
- 3-4 times weekly
- 1-2 times weekly
- Rarely

Time outside home exposed to sunlight

- Less than one hour
- 1-2 hours

Are you suffering from?

Diabetes mellitus Yes No

Hypertension Yes No

Hypercholesterolemia Yes No

Heart diseases Yes No

Anthropometric measurements:

Weight:Kg

Height:CM

Biochemical results:

Blood sugar level: mmol/L

Cholesterol: mmol/L

25-hydroxyvitamin D:nmol/L