

Additional file 5: Health outcomes as presented by primary studies

Results are presented in the table below for health conditions where data was available from at least 3 studies. Reported results are rounded to 1 decimal point or 2 sf.

MENTAL HEALTH

Depression

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Abdelhai and Mosleh (2015) ²³ #	IPV	Lifetime	Depression (only without anxiety)	HADS	Any	OR 3.1 (1.1-8.3), p 0.03
Al-Shdayfat (2017a) ³⁴	IPV	12m/lifetime?	Depression	Not documented	Emotional	X²22.2, p 0.001
Al-Shdayfat (2017b) ³⁵	DV	Lifetime?	Depression	Not documented	Physical	X²4.5, p value 0.034
Anes Jellali et al (2014) ³⁷ #	IPV	Lifetime	Depression	HADS score 8	Any	OR 3.5 (1.3-9.7), p 0.012
Bakr and Ismail (2005) ⁴¹	IPV	Lifetime	Depression	Participant reported	Control	p <0.05
Boufettal et al (2012) ⁴³ #	IPV	Pregnancy	Depression	Not documented	Physical and/or sexual	p < 0.0005
Eldoseri et al (2014) ⁴⁹ #	IPV	Lifetime	Antidepressant use in the last 4 weeks	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	Reported: OR 17.4 (2-152) Calculated: OR 12.4 (1.5-99.7) p= 0.01
Haddad et al (2011) ⁵¹	DV	Lifetime	Depression	'depression feelings' participant reported	Any: physical/sex/emot # Physical Sexual Emotional	r= 0.42, p <0.001 r= 0.36, p<0.001 r=0.16, p<0.001 r=0.41, p<0.001

Included in meta-analysis

Suicidal thoughts

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Al-Modallal (2012) ²⁷	IPV	12m	Suicidal thoughts	Participant reported	Any	Crude OR 11.94 (4.5-31.6) Adjusted OR 0.04 (0.009-0.15)
Al-Serkal et al (2014) ³³	IPV	Lifetime	Suicidal thoughts	Not documented	Physical ONLY Sexual ONLY Psychological ONLY	OR 5.1 (3.2-8.1), p=0.001 OR 4.7 (2.9-7.5), p=0.001 OR 5.8 (3.3-10.2), p=0.001 [stepwise logistic regression]
Eldoseri et al (2014) ⁴⁹	IPV	Lifetime	Suicidal thoughts	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	OR 6.6 (2.4-17.9) p<0.001

Usta et al (2007) ⁶²	DV	Lifetime	Suicidal thoughts	Participant reported	Any	ANOVA, p=0.000
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Suicide attempts

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Al-Modallal (2012) ²⁷	IPV	12m	Suicide attempts	Participant reported	Any	Crude OR 9.1 (2.6-31.5) Adjusted OR 0.02 (0.002-0.19)
Al-Serkal et al (2014) ³³	IPV	Lifetime	Suicide attempts	Not documented	Physical ONLY Sexual ONLY Psychological ONLY	OR 8.8 (4.7-16.3), p=0.001 OR 5.2 (2.8-9.4), p=0.001 OR 5.1 (2.5-10.3), p=0.001 [stepwise logistic regression]
Boufettal et al (2012) ⁴³	IPV	Pregnancy	Suicide attempts	Not documented	Physical and/or sexual	p<0.002
Eldoseri et al (2014) ⁴⁹	IPV	Lifetime	Suicide attempts	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	OR 4 (1-16.1) p=0.06

Sleep

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Al-Modallal (2012) ²⁷ #	IPV	12m	Sleep	Epworth Sleepiness Scale	Any	Crude OR 1.1 (0.7-1.8) Adjusted OR 0.64 (0.4-1.1) p=0.72
Al-Shdayfat (2017a) ³⁴	DV	Lifetime	Insomnia	Participant reported	Psych	p=0.001
Al-Shdayfat (2017b) ³⁵	DV	Lifetime	Insomnia	Participant reported	Physical	p= non-significant
Bakr and Ismail (2005) ⁴¹ #	IPV	Lifetime	Insomnia	Participant reported	Control	p<0.05
Boufettal et al (2012) ⁴³ #	IPV	Pregnancy	Sleep problems	Not documented	Any: physical or sexual	p<0.0005
Eldoseri et al (2014) ⁴⁹ #	IPV	Lifetime	Taken sleep or relaxing medication in the last 4 weeks	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	Reported: OR 2.1 (0.7-6.6) Calculated: OR 1.7 (0.5-5.2) p=0.2
Haddad et al (2011) ⁵¹	DV	Lifetime	Insomnia	Not documented	Any # Physical Emotional	r=0.43, p<0.001 r=0.37, p<0.001 r=0.45, p<0.001 [correlation coefficient]
Usta et al (2007) ⁶² #	DV	Lifetime	Insomnia	Participant reported	Any	ANOVA, p=0.000

Included in meta-analysis

Memory

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Al-Serkal et al (2014) ³³	IPV	Lifetime	Some/many or extreme memory or concentration problems	Not documented	Physical ONLY	OR 5.2 (3.3-8.8)
Eldoseri et al (2014) ⁴⁹	IPV	Lifetime	Some/many or extreme memory or concentration problems in the last 4 weeks	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	OR 1.8 (0.9-3.2) p=0.07
Usta et al (2007) ⁶²	DV	Lifetime	Forgetfulness	Participant reported	Any	p=0.000 (ANOVA)

Other mental problems with significant associations found by studies: anxiety,³⁷ anxiety and depression,^{23,37} postnatal depression,⁴⁰ stress,^{25,59} distress/anguish.^{33,51}

Other mental health problems with no evidence of significant associations found by studies: anxiety,²³ postnatal depression.⁴⁰

REPRODUCTIVE HEALTH

Vaginal bleeding

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵	DV	Lifetime	Vaginal bleeding last 4w	Participant reported	Any	OR 1.8 (1.3-2.5) p=0.000
Bakr and Ismail (2005) ⁴¹	IPV	Lifetime	Irregular period	?	Control	Non-significant
Usta et al (2007) ⁶²	DV	Lifetime	Menstrual irregularities	Participant reported	Any	p=0.000 (ANOVA)

Unplanned pregnancy

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Azm et al (2009) ⁴⁰	IPV	Lifetime	Unplanned pregnancy	Participant reported	Any Physical Sexual Emotional/psych	p= 0.095 p=0.032 p=0.008 p=0.007

Hammoury and Khawaja (2007) ⁵²	DV	During pregnancy	Undesired pregnancy	Participant reported	Any: emotional or physical	OR 1.6 (0.66-3.8)
Ibrahim et al (2015) ⁵⁴	IPV	Pregnancy	Unwanted pregnancy	Not documented	Any	OR 6.4 (4.9-8.4)
Khawaja and Hammoury (2008) ⁵⁵	IPV	12m	Undesired pregnancy	Not documented	Sexual	AOR 1.23 (0.72-2.1)
Oweis et al (2010) ⁵⁹	IPV	Pregnancy	Unplanned pregnancy	Participant reported	Any	OR 2.5 (1.4-4.4) p= 0.00

Abortion

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵ #	DV	Lifetime	Abortion	Participant reported	Any	OR 1.3 (1.1-1.6) p=0.006
Anes Jellali et al (2015) ³⁸		Lifetime	Induced abortion	Not documented	Any Physical Sexual Psychological Economic	p<0.0001 p<0.001 p<0.03 p<0.0001 p<0.0001
Azm et al (2009) ⁴⁰ #	IPV	Lifetime	No vs one vs multiple abortions	Participant reported	Any Physical Sexual Psychological	p=0.003 p=0.002 p=0.003 p=0.245
Boufettal et al (2012) ⁴³ #	IPV	Pregnancy	Abortion	Not documented	Any: physical or sexual	p<0.0005
Ibrahim et al (2015) ⁵⁴ #	IPV	Pregnancy	Complete abortion	Medical records	Any Physical	RR 5.4 (2.4-12.3) RR 10.9 (5.6-21.5)
Spencer et al (2015) ⁶⁰ #	DV	Since coming to Jordan/ Lebanon	Abortion	Not documented	Any	Absolute numbers and % only reported by paper. Calculated: OR 0.94 (0.17-6.3)
Usta et al (2007) ⁶² #	DV	Lifetime	Abortion	Participant reported	Any	p=0.003 (ANOVA)

Included in meta-analysis

Premature labour

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
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Azm et al (2009) ⁴⁰	IPV	Lifetime	Premature and LBW	Participant reported	Any Physical Sexual	p=0.0004 (for all postnatal complications) p=0.006 p=0.004
Abujilban et al (2015) ²⁴	IPV	Pregnancy	Preterm birth	Medical records	Physical	p=0.8
Ibrahim et al (2015) ⁵⁴	IPV	Pregnancy	Preterm labour	Medical records	Any Physical	RR 2.4 (1.5-3.8) RR 5.7 (37.-8.8)

Other reproductive health problems with significant associations found by studies: vaginal discharge,^{33,62} not using contraception,^{40,44} stillbirth,⁵⁴ postpartum haemorrhage,⁴⁰ low birthweight,^{24,54} neonatal death,⁵⁴ threatened abortion,⁵⁴ placental separation,⁴³ PROM,⁵⁴ fetal distress.⁵⁴

Other reproductive health problems with no evidence of significant associations found by studies: not using contraception,⁴⁰ stillbirth,⁴³ antepartum haemorrhage,⁵⁴ postpartum haemorrhage,^{40,54} PROM,⁴³ retroplacental haematoma,⁴³ assisted newborn ventilation,²⁴ caesarean delivery.⁵⁴

MEDICAL

Dizziness

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵	DV	Lifetime	Dizziness in last 4 weeks	Participant reported	Any	OR 1.9 (1.6-2.3) p=0.000
Al-Modallal (2016) ³⁰	IPV	12m	Recurrent dizziness last year	Participant reported	Physical ONLY Sexual ONLY Psychological ONLY	P<0.01 P<0.05 P=0.009
Al-Serkal et al (2014) ³³	IPV	Lifetime	Dizziness	Not documented	Physical ONLY	OR 3.1 (2.1-4.5)
Usta et al (2007) ⁶²	DV	Lifetime	Dizziness	Participant reported	Any	p=0.000 (ANOVA)

Pain

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵ #	DV	Lifetime	Pain in last 4 weeks by severity	Participant reported	Any	Mild OR 1.8 (1.4-2.3) Moderate OR 3.9 (3-5.1) Severe OR 6.3 (4.0-9.7) # Very severe OR 8.9 (3.1-25) p=0.000

Al-Modallal (2016) ³⁰ #	IPV	12m	Back pain # Joint pain Fibromyalgia	Participant reported	Physical ONLY # Sexual ONLY Psych ONLY Physical ONLY Sexual ONLY Psych ONLY Physical ONLY Sexual ONLY Psych ONLY	Non-significant Non-significant p<0.01 Non-significant Non-significant p=0.004 Non-significant p<0.05 p=0.007
Al-Serkal et al (2014) ³³	IPV	Lifetime	Mod/severe/ extreme pain	Not documented	Physical AND sexual # Physical ONLY	OR 3.5 (1.9-6.2) OR 3.3 (1.9-5.9)
Bakr and Ismail (2005) ⁴¹ #	IPV	Lifetime	Bone ache	Participant reported	Control	p<0.5
Eldoseri et al (2014) ⁴⁹ #	IPV	Lifetime	Pain or discomfort last 4 weeks	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	OR 2.2 (1.2-3.9) p=0.007
Usta et al (2007) ⁶² #	DV	Lifetime	Backache Arthralgia Abdo pain	Participant reported	Any	p=0.000 (ANOVA) p=0.000 (ANOVA) p=0.000 (ANOVA)

Included in meta-analysis

Hypertension

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵ #	DV	Lifetime	Hypertension	BP measurement	Any	OR 1.23 (0.92-1.7) p=0.144
Al-Modallal (2016) ³⁰ #	IPV	12m	Hypertension	Participant reported	Physical ONLY # Sexual ONLY Psychological ONLY	Non-significant p<0.05 Non-significant
Bakr and Ismail (2005) ⁴¹ #	IPV	Lifetime	Hypertension	Participant reported	Control	Non-significant
Barnawi (2017) ⁴² #	DV	12m	Hypertension	Not documented	Any	p=0.01
Usta et al (2007) ⁶² #	DV	Lifetime	Hypertension	Participant reported	Any	p=0.006 (ANOVA)

Included in meta-analysis

Diabetes

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Al-Modallal (2016) ³⁰	IPV	12m	Diabetes	Participant reported	Physical ONLY Sexual ONLY Psychological ONLY	Non-significant Non-significant Non-significant
Bakr and Ismail (2005) ⁴¹	IPV	Lifetime	Diabetes	Participant reported	Control	Non-significant
Barnawi (2017) ⁴²	DV	12m	Diabetes	Not documented	Any	p=0.027

General health

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵	DV	Lifetime	Perceived general health	Participant reported	Any	Reasonable OR 0.36 (0.21-0.63) Good OR 0.23 (0.13-0.39) Excellent OR 0.15 (0.084-0.26) p=0.000
Al-Modallal (2016) ³⁰	IPV	12m	General health	Participant reported	Physical ONLY	Non-significant
Al-Serkal et al (2014) ³³	IPV	Lifetime	Self reported poor or very poor health	Not documented	Physical AND sexual Physical ONLY	OR 7.1 (2.3-21.9) OR 6.4 (1.9-21.2)
Eldoseri et al (2014) ⁴⁹	IPV	Lifetime	Good/ excellent health status	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	OR 0.5 (0.3-0.9) p=0.02

Daily activities

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵	DV	Lifetime	Problems in daily activities in the last 4 weeks	Participant reported	Any	Few OR 1.8 (1.4-2.2) Some OR 2.6 (2.0-3.3) Many OR 3.7 (2.5-5.6) Unable to do it OR 4.1 (0.98-17.4) p=0.000
Al-Serkal et al (2014) ³³	IPV	Lifetime	Some/many problems or unable to perform usual activities	Not documented	Physical AND sexual Physical ONLY	OR 5.4 (2.8-10.5) OR 4.3 (2.1-8.7)

Eldoseri et al (2014) ⁴⁹	IPV	Lifetime	Problems with daily functions in the last 4 weeks	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	OR 1.0 (0.5-2.0) p=0.9
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Mobility

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵	DV	Lifetime	Problems in movement last 4 weeks	Participant reported	Any	Few OR 1.3 (1.0-1.6) Some OR 2.8 (2.1-3.6) Many OR 3.0 (1.7-5.2) Unable to move OR 1 (0.1-11.1) p=0.000
Al-Serkal et al (2014) ³³	IPV	Lifetime	Many problems walking / unable to walk	Not documented	Physical AND sexual Physical ONLY	OR 7 (2.5-19.7) OR 3.7 (1.2-11)
Eldoseri et al (2014) ⁴⁹	IPV	Lifetime	Problems with movement in the last 4 weeks	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	OR 1.4 (0.7-2.6) p=0.3

Medication use

Paper	Perp	Timescale	Outcomes	Diagnostic method/tool	Violence type	Statistics (significant in bold) OR, p value, other
Afifi et al (2011) ²⁵	DV	Lifetime	Took drugs in the last 4 weeks	Participant reported	Any	OR 2.4 (2.0-2.9) p=0.000
Al-Modallal (2012) ²⁷	IPV	12m	Use of prescribed tranquilizers	Participant reported	Any	aOR 0.014 (0.00-0.86)
Eldoseri et al (2014) ⁴⁹	IPV	Lifetime	Taken pain medication in the last 4 weeks	Participant reported. WHO Violence against Women questionnaire (version 10.0) – adapted version	Physical	OR 1.09 (0.6-2.1) p=0.8

Other general health problems with significant associations found by studies: headache,⁶² heart problems,³⁰ movement problems,²⁵ problems walking,³³ epilepsy,⁴² chronic disease,⁴² gastrointestinal problems,^{30,41,62} respiratory problems,^{30,62} urinary problems,^{30,62} liver problems,³⁰ smoking/addiction/alcohol.⁵⁴

Other general health problems with no evidence of significant associations found by studies: headache,⁴¹ arthritis,³⁰ heart problems,³⁰ movement,⁴⁹ gastrointestinal,³⁰ respiratory,³⁰ urinary,³⁰ kidney problems,³⁰ smoking.²⁷