Additional files

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| Table 1. Sampling Methods (2014). |
| Stage | Sampling unit |
| Eastern region | Central region | Western region |
| 1 | Two province-level regions were sampled from eastern regions.  | Two province-level regions were sampled from central regions.  | Two province-level regions were sampled from western regions.  |
| 2 | In a selected province-level region, 4 county-level regions were sampled. |
| 3 | In a selected county-level region, 3 township-level regions were sampled. |
| 4 | In a selected township-level region, 2 committees were sampled. |
| 5 | In a selected committee, 30 households were sampled. |

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| Table 2.Hierarchical regression of general health on demographic variables, family SES and family social capital. |
| 　 | Standardized regression coefficients |
|  | Step 1 | Step 2 | Step 3 | Step 4 |
| Gender | -0.09\*\*\* | -0.10\*\*\* | -0.08 | -0.22\*\*\* |
| Age | -0.20\*\*\* | -0.19\*\*\* | -0.19\*\*\* | -0.19\*\*\* |
| Marital status | 0.05\*\*\* | 0.04\*\* | 0.04\*\* | 0.04\*\* |
| Family SES |  | 0.08\*\*\* | 0.08\*\*\* | 0.07\*\*\* |
| Family cohesion |  | 0.18\*\*\* | 0.19\*\*\* | 0.18\*\*\* |
| Health-related family support |  | 0.10\*\*\* | 0.10\*\*\* | -0.04 |
| Gender × family cohesion |  |  | -0.02 |  |
| Gender × health-related family support | 　 | 　 | 0.19\*\* |
| \*\*\*P ＜0.001, \*\*P ＜0.01, \*P ＜0.05 |