

Additional file 1 Study questionnaire for sociodemographic variables and days of sickness absence

Personal details

1. Sex 1 male 2 female 3 divers

2. Age _____ years

3. Marital status
(please tick only one box) 1 married/ in permanent relationship 2 single 3 divorced 4 widowed

Occupational details

4. a) What best describes your current employment situation?
(please tick only one box)

- 1 Employed fulltime or parttime
- 2 trainee
- 3 voluntary work (without payment)
- 4 protected activity

4. b) If 4.a is not applicable: What best describes your social situation?
(please tick only one box)

- 5 unemployed/seeking employment since _____
- 6 Student
- 7 Homemaker
- 8 Pension (including early retirement)
- 9 occupational disability since _____
- 10 maternity or paternal leave or other leave of absence
- 11 other, namely _____

4. c) If employed, for how many hours are you working?

fulltime, hours/week: _____
part-time, hours/week: _____

4. d) For how many days per week are you working?

days/weeks: _____

5. Are you doing shiftwork?

- 1 no
- 2 yes including night work

3 yes without night work

6. How long have you been working?

Since |_|_| years or since the years
|_|_|_|

7. Which professional group do you currently belong to (please tick only one box)?

- 1 Unskilled work
- 2 Skilled worker
- 3 Foremen
- 4 Self-employed
- 5 Executing employee (e.g. secretary)
- 6 Mid-level employee (e.g. clerk, assistant)
- 7 Senior/executive employee (e.g. department head, team leader)
- 8 Executing civil servant (e.g. secretary)
- 9 Mid-level civil servant (e.g. teacher)
- 10 Senior/executive civil servant (e.g. department head)
- 11 Other: _____

8. Do you have a management position?

- 1 no
- 2 yes
If yes, for how many employees are you responsible for? Number: _____

9. How big is the company you are working for (please only tick one box. If unknown, please tick what is most likely to apply)?

- 1 Large-sized company (>1000 employees)
- 2 Large-sized company with less employees (about. 250-1000 employees)
- 3 Middle-sized company (about 50-249 employees)
- 4 Small-sized company (about 10-49 employees)
- 5 Microenterprise (about 2-9 employees)
- 6 One-man business

10. Have you been absent from work for health reasons within the last 6 months?

1 no

2 yes. If yes, number of days of sickness absence within the last six months

(excluding regular non-working days): _____ (days)

11. How do you envision your professional future? (Please tick all appropriate boxes)

I think that in the near future I will probably...

still work in my profession.

apply for a pension/receive a pension.

not be able to work in my profession.

be unemployed.

search for another job.

be on sick leave.

not be able to work at all.

I don't know yet.

12. Have you been on sick leave due to serious physical illnesses within the last 6 months?

no

yes