

Questionnaire

Adolescent students' physical and sport activity

The goal of this survey is to inform us about your **physical and sports activities**. In answering this survey **spontaneously** and **sincerely**, you will bring precious informations to researchers at the Faculty of Sports Sciences, Marseille. Your answer will be **anonymous** and used only for **scientific purposes**. No commercial use is warranted.

We thank you for your participation.

1. Age 2. Height 3. Weight 4. Number of Siblings
5. Sex Female Male 6. School Board Full board ½ board No board
7. You live with your parents your father your mother alternating other(s)
8. Father's and Mother's Occupation (*tick the correct answer(s)*)

	Mother	Father
Farmer		
Merchant, artisan, company director		
Intellectual occupation (engineer, doctor/physician, etc.)		
Intermediate occupation (teacher, nurse, technician, etc.)		
Salaried employee		
Manual worker		
Retired		
Unemployed		
At home		
Other (precise)		

7. In a typical week, on how many days do you bicycle for at least 10 minutes continuously to get to and from places?

8. How much time do you spend bicycling for travel on a typical day? Hours Minutes

9. Apart from physical education classes at school, do you do sports? (*If not, the questionnaire ends there*)
Yes No

7. In a typical week, on how many days do you do sports ?

8. In a typical week, how much time do you spend doing sports ? Hours Minutes

9. What sport do you do the most (main sport) ? (*Only one answer*)

10. You play your main sport... (*multiple answers possible*) club outside-club

11. How long have you been playing your main sport ? year(s) and month(s)

12. What is your level of competition in your main sport ?

I do not play in competition	
Local/community level	
Regional/state level	
National level	
International level	
Official high-level athletes recognized by the Ministry of Sports	

13. In a typical week, on how many days do you do your main sport ?

14. In a typical week, how much time do you spend doing your main sport ? Hours Minutes