Additional File 1. Interview Topic Guide

Warm-up and introductory question:

- 1. What do you know about COVID-19?
- 2. Please describe your living situation who do you live with, where, how many rooms does your home or apartment have.

Main questions:

- 3. Experts advise that people should "social distance." What does this mean to you?
- 4. Tell me about your experiences with social distancing during the COVID- 19 pandemic.
 - a. Probe: What are barriers for you?
 - b. Probe: What makes this easier for you?
- 5. How is social distancing helpful to protecting you against COVID-19?
 - a. Probe: How about protecting others?
- 6. Do you think you are at risk of getting COVID-19? Why?
 - a. Probe: What do you think your risk is, compared to other people? Please explain.
- 7. How are you protecting yourself from getting COVID-19?
- 8. Who do you live with?
 - a. Probe: Are you worried about them getting COVID-19?
 - b. Probe: What are you doing to protect them?
 - c. Probe: Is there anyone else you are particularly concerned about?
- 9. Has your job affected your ability to maintain social distance? How so?
 - a. Probe: Do you commute? What is it like?
- 10. Have you received information about how to maintain social distance?
 - a. Probe: What kind of information have you received and from where?
- 11. Do you feel confident about what you should do to maintain social distance?
 - a. Probe: Do you have any particular questions about social distancing?

- 12. Experts also advise that people who have been exposed to COVID-19 or that have symptoms of COVID-19 should self-quarantine. What does this mean to you?
- 13. If you were asked to self-quarantine, walk me through some of the things that you would do.
 - a. Probe: Where would you sleep?
 - b. Probe: How would you shower/use the bathroom?
 - c. Probe: How would you eat?
 - d. Probe: How would you get your medications?
- 14. What things would make quarantining difficult for you?
- 15. What things would make quarantining easier?
- 16. How well do you think you would be able to quarantine during the COVID-19 pandemic?
- 17. What information would be helpful to have more of during the pandemic?

Closing question

18. Is there anything you want to share that we haven't asked you?