

Appendix3: Questionnaire

Questionnaire

		code
Location	1.Amman city	
No of list		
Date	/ / 2017	
Name of research assistance		

1.Basic Demographics Characteristics

No	Question	Response	Code
1-1	What sex are you?	1. Male 2. Female	
1-2	How old are you?	_____ years old	
1-3	What is your occupation now?	1. Student 2. Housewife 3. Craftman 4. employee 5. Agriculture 6. Other 7. Retired 8. Not working 0. Prefer not to answer	
1-4	What is the highest level of education you have completed?	1. No formal schooling 2. Less than primary school 3. Primary school completed 4. Secondary school completed 5. High school completed 5. College/University completed 6. Postgraduate degree 0. Prefer not to answer	
1-5	What is your marital status?	1. Single 2. Married 3. divorced	

		4. No longer married	
1-6	How many in your family? (include yourself)	_____ member(s)	
1-7	Are you living with others who needs care from others now?	1. Yes 2. No 0. Prefer not to answer	

2. Characteristics as a refugee in Jordan

No	Question	Response	code
2-1	Where in Syria are you from?	1. Homs 2. Aleppo 3. Damascus 4. Hamah 5. Dara'a 6. Idlib 7. Latakiya 8. Other 0. Prefer not to answer	
2-2	What was your occupation in Syria?	1. Student 2. Housewife 3. Professional/semi professional 4. employee 5. Agriculture 6. Other 7. Retired 8. Not working 0. Prefer not to answer	
2-3	What is a reason you come to Jordan?	1. Because you feel the danger 2. Because of your medical condition 3. Because there are relatives in Jordan 4. Other 0. Prefer not to answer	
2-4	How long have you been in Jordan?	1. 0-6 months 2. 6-12 months	

		<p>3. more than 1 year and less than 2 years</p> <p>4. more than 2 years and less than 3 years</p> <p>5. more than 3 years and less than 4 years</p> <p>6. more than 4 years</p> <p>0. Prefer not to answer</p>	
2-5	Are you currently registered with UNHCR?	<p>1. Yes, I am registered with UNHCR</p> <p>2. NO, I am not registered with UNHCR</p> <p>3. I am waiting for completion of register</p> <p>0. Prefer not to answer</p>	
2-6	Do you obtain a service card by Jordan ministry of Interior?	<p>1. Yes, I have a service card</p> <p>2. No, I do not have a service card</p> <p>0. Prefer not to answer</p>	

3. Physical condition

No	Question	Response	code
3-1	Would you consider your health condition “under control” right now?	<p>1. Yes</p> <p>2. No</p> <p>0. Prefer not to answer</p>	
3-2	How do you think about your level of physical activity?	<p>1. High</p> <p>2. Moderate</p> <p>3. Low</p>	
3-3	Have you diagnosed as hypertension?	<p>1. Yes</p> <p>2. No</p> <p>0. Prefer not to answer</p>	
3-4	Have you diagnosed as obesity?	<p>1. Yes</p> <p>2. No</p> <p>0. Prefer not to answer</p>	
3-5	Do you currently smoke any tobacco products, such as algeere, cigarettes, cigars or pipes?	<p>1. Yes</p> <p>2. No</p> <p>0. Prefer not to answer</p>	

4. Mental condition

No	Question	Response	code
4-1	Are you satisfied with current situation in Jordan?	1. Yes 2. No 0. Prefer not to answer	
4-2	Do you feel stress after coming to Jordan?	1. Yes 2. Neutral 3. No 0. Prefer not to answer	

5. Facilitators and Barriers to physical activity

No	Question	Response	code
5-1	Which are benefits for you to do physical activity? *could be multiple answer	1. Promote and maintain health 2. Improve body image and shape 3. Improve muscle power 4. Spent free times 5. Weight control/obesity prevention 6. Psychological wellbeing 7. Recreation 8. Prevent diseases 9. Improve mentality and intellectuality 10. Companionship with others 11. Socializing 12. Fun and enjoyment 13. Improve sleeping 14. Self-dependence 15. Relieve tension 16. No benefits	
5-2	Which is the most barrier for you to do physical activity? *could be multiple answer	1. Time limitations 2. Lack of accessible and suitable sports places 3. Lack of safe sports places 4. Lack of support and encouragement from others 5. Lack of friends to encourage me 6. Have other important priorities	

		<ul style="list-style-type: none"> 7. Lack of sports programs that suit my physical fitness 8. Not interested in sports 9. Lack of motivation 10. High cost 11. Lack of sports skills 12. Fear of failure in sports competition 13. Fear of injury 14. Fear of deterioration of physical illness 15. Nobody to care for my family 16. Feeling tired on physical activity 17. Ignorance about benefits of sports 18. Prefer not to attend sports place 19. Lack of or low physical power 20. Feeling unable to practice sports adequately 21. Objection of others 22. Body cannot tolerate physical activity 23. Unsuitable (hot or cold) weather 24. Previous bad experience with physical sport activity 25. No barriers 	
5-3	<p>Would you consider the amount of your physical activity in Jordan increase/decrease, comparing with that of Syria?</p>	<ul style="list-style-type: none"> 1. the amount of physical activity increased in Jordan than in Syria 2. the amount of physical activity decreased in Jordan than in Syria 3. the amount of physical activity not change 4. Not sure 	