Supplementary File 5: Preliminary codes, initial thematic framework and final categories and subcategories

Preliminary codes

Prevalence

Personality

Insecure

Emotional detachment

Self-confidence/ Self-esteem

Dependents/Children

Lack of awareness

Family/friends

Sociocultural

Religious beliefs

Male dominance

Societal norms

Poverty/financial difficulties

Affluent society

Education

Isolation

Lockdown restrictions/Indoor mandates

Childhood experiences

Repeat victimisation

Social media

Loss of job

Unable to cope

Stress /frustration

No means of letting out

Marital/relationship satisfaction

Promiscuity

Mental illness

Alcohol abuse/Substance abuse

Wants control/Powerless

Victim educated/higher earner

Stigma/blame them

Shame/embarrassment

Convenient to stay with abuser

Private matter

Belief abuser will change

Not had enough of the abuse

Housing/shelters

Safe space/place

Legal, financial assistance

Childcare

Social support

Social silence

Abuse disguised/overlooked

Fear/judged

Unknown future

Loneliness

Lack of anonymity/trust

Police/criminal justice service

Keyworkers

Schools/ universities/workplace GPs

time constraints/remote consultations

Screening for early identification

Training

Prevention

'melt the iceberg' of DVA

Counselling

Abusers needing support

Behavioural change

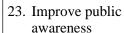
Anger management

Rehabilitation

Referral pathways /Self-referral

Initial thematic framework

- 1. Experience
- 2. Personality types
- 3. Feelings & Beliefs
- 4. Sociocultural
- 5. Religious beliefs
- 6. Circumstances
- 7. Finance
- 8. Children
- 9. Substance abuse
- 10. Vulnerable/ill-health
- 11. Social conditioning
- 12. Cultural/religious constraints
- 13. Circumstances
- 14. Perception
- 15. Fear
- 16. Physical & mental health
- 17. Education & training
- 18. Awareness
- 19. Accessible support
- 20. Communication
- 21. Children & other dependents
- 22. Lack of tools to identify 'hidden abuse'



- 24. Improve self-awareness & holistic wellbeing
- 25. Promote social support & break social silence
- 26. Raise awareness in school curriculum
- 27. Workforce training
- 28. Support from family/friends
- 29. Housing/shelter
- 30. Financial assistance
- 31. Legal support
- 32. Counselling
- 33. Improved communication
- 34. Accessible support services
- 35. Screening/ better tools to help identify 'hidden abuse'

Final categories & subcategories

1-Contributing Factors

- Victims
- Perpetrators



• Barriers to seeking support



- Raising Awareness
- Education & Training
- Routine signposting to screening tools for DVA
- Guidance & mobilization of support Services
- Sustained funding for targeted interventions

