Additional File 5. One-Year Monthly Average Weighed Per Capita Serving (#) Per Food Group, Stratified by Diet-Related Cardiometabolic Multi-Morbid Households

| | Non-Diet Related Multi- Morbid Household mean (SD) | Diet Related Multi- Morbid Household mean (SD) | P-value* |
|-----------------------------------|--|--|----------|
| N Households | 18955 | 3795 | |
| CSDs (servings/capita) | 26.0 (32.9) | 33.5 (43.9) | <0.001** |
| Cereals (servings/capita) | 8.9 (8.7) | 8.7 (9.4) | 0.164 |
| Cheese (servings/capita) | 14.0 (11.2) | 14.0 (14.5) | 0.989 |
| Cookies (servings/capita) | 9.1 (11.2) | 11.0 (12.7) | <0.001** |
| Crackers (servings/capita) | 8.6 (8.4) | 9.8 (12.1) | <0.001** |
| Frozen Dinners (servings/capita) | 5.5 (6.3) | 5.6 (7.4) | 0.387 |
| Ice Cream (servings/capita) | 7.8 (10.0) | 8.9 (10.9) | <0.001** |
| Juices (servings/capita) | 9.7 (10.8) | 10.3 (12.5) | 0.004** |
| Milk (servings/capita) | 18.7 (17.2) | 19.4 (19.9) | 0.038 |
| Processed Meats (servings/capita) | 10.2 (8.9) | 12.9 (13.0) | <0.001** |
| Salty Snacks (servings/capita) | 14.9 (13.1) | 14.9 (14.4) | 0.97 |
| Soup (servings/capita) | 2.4 (2.5) | 2.9 (3.1) | <0.001** |
| Yogurt (servings/capita) | 2.5 (3.4) | 2.3 (3.4) | 0.013 |

^{*}P-value calculated using Chi square and 2-sample T-test for categorical and continuous variables, respectively

^{**}Statistically significant using Holms step-down correction applied for multiple comparison across 13 food and drink categories