	Markers	Day-0	Day-4	Day-8
Group-I	SGPT	26.6 ± 17.8	$35.5 \pm 20.8$	32.0 ± 16.0
	Creatinine	57.7 ± 5.8	$60.6\pm7.4$	$63.6\pm6.1$
Group-II	SGPT	31.0 ± 31.2	$24.2\pm26.1$	$23.3\pm26.0$
	Creatinine	$64.2\pm8.7$	$64.7\pm7.8$	$60.3\pm7.7$
Group-III	SGPT	$15.3\ \pm 4.5$	$17.9\pm6.6$	$17.4 \pm 2.4$
	Creatinine	$67\pm11.4$	$69.3 \pm 11.4$	$66.1\pm9.4$
Group-IV	SGPT	$16.4\pm10.3$	$13.8\pm6.2$	$12.7\pm4.7$
	Creatinine	$64.5\pm1.4$	$65\pm7.7$	$55.8\pm4.4$
Group-V	SGPT	$20.9\pm 6.5$	$19.9\pm6.4$	$24.2\pm10.3$
	Creatinine	$61.4\pm9.4$	$62.7\pm9.2$	66.1 ± 13.1

**Table S1.** Serum glutamate-pyruvate transaminase and creatinine levels in healthy adults supplemented with phenylbutyrate and vitamin  $D_3$  alone or in combination in different doses.

Note. Group-I: 250 mg PB b.d. + 5000 IU vitamin  $D_3$  o.d.; Group-II: 500 mg PB b.d. + 5000 IU vitamin  $D_3$  o.d.; Group-III: 1000 mg PB b.d. + 5000 IU vitamin  $D_3$  o.d.; Group-IV: 500 mg PB b.d.; Group-V: 5000 IU vitamin  $D_3$  o.d. Data expressed as Mean  $\pm$  Standard Deviation. One Way Analysis of Variance (ANOVA) method was used. PB- Phenylbutyrate; SGPT- Serum Glutamate Pyruvate Transaminase; b.d. - twice daily; o.d. - once daily. SGPT values are given as IU/L; creatinine values are given as mg/L. The normal range for SGPT and creatinine are (0.01-56 IU/L) and (45-106  $\mu$ mol/L) respectively. One Way Analysis of Variance (ANOVA) method was used.