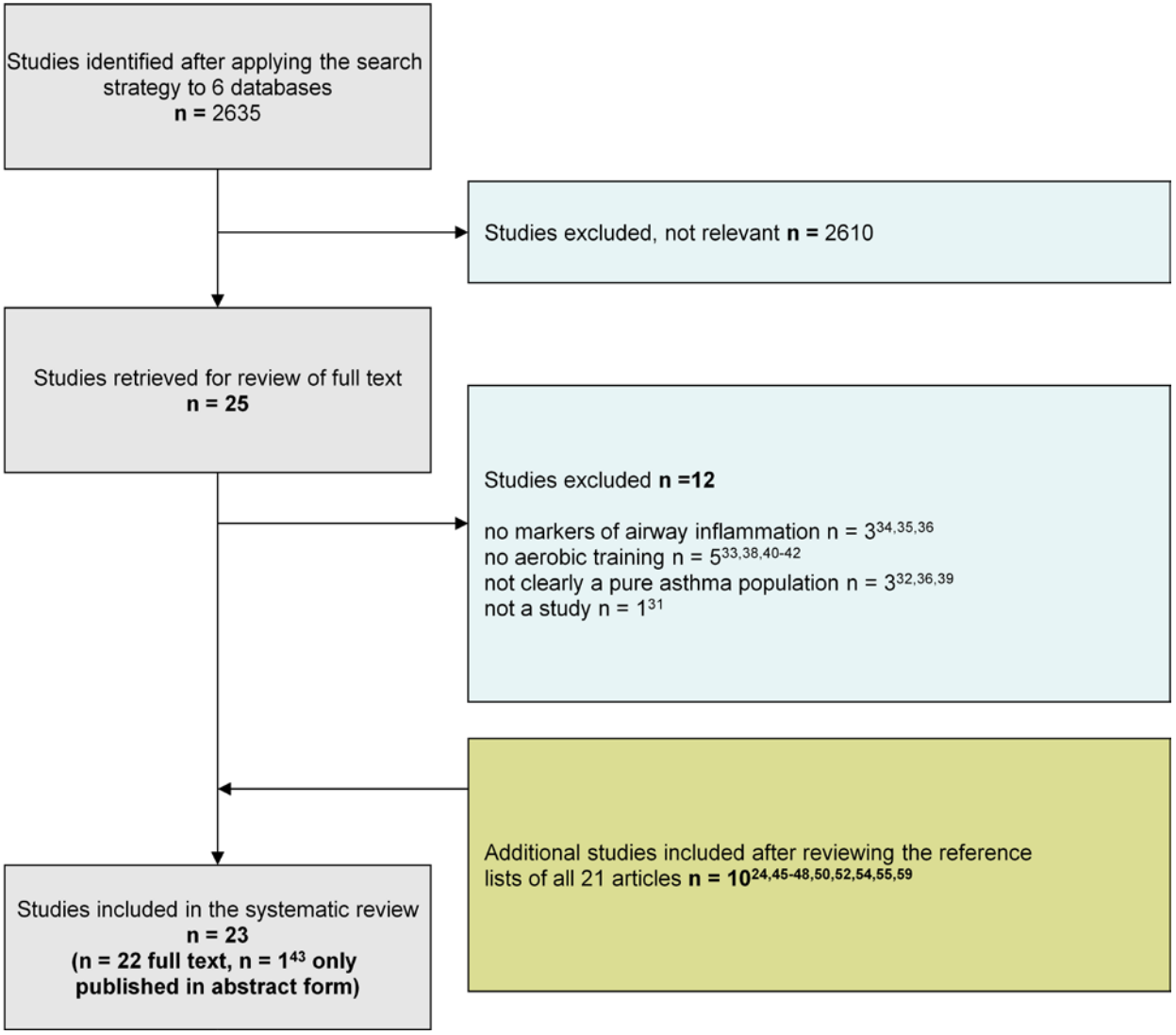
Studies identified after applying the search strategy to 6 databases
n = 2635
Studies excluded, not relevant **n =** 2610
Studies retrieved for review of full text
n = 25
Studies excluded **n =12**
no markers of airway inflammation n = 3[34,35,36]
no aerobic training n = 5[33,38,40-42]
not clearly a pure asthma population n = 3[32,36,39]
not a study n = 1[31]
Additional studies included after reviewing the reference lists of all 21 articles **n = 10[24,45-48,50,52,54,55,59]**
Studies included in the systematic review
n = 23
(n = 22 full text, n = 1[43] only published in abstract form)