

1553 COPD Clinical records

↓ 1010 Do not Follow inclusion criteria

543 Follow inclusion criteria

↓ 397 Excluded →

146 Participants

Written Consent ↓ Randomization

128 unreachable
113 refuse to participate
58 disable
39 non current, scheduled or measurable treatment
20 deceased
18 do not attend appointment
10 severe health problems
8 unable to attend
3 Primary care center change

Inclusion Visit

- Sociodemographic profile
- Clinical characteristic
- Social support
- Family Support
- Quality of life
- Prescribed treatment
- Treatment adherence

Control Group
74 patients

Intervention Group
72 patients



Visit 1 (63 patients)
(3 months after inclusion)
• Variables changes
• Treatment adherence

Group session ↓

Intervention
Motivational aspects
Cognitive aspects
Skills development



Visit 2 (42 patients)
(6 months after inclusion)
• Variables changes
• Treatment adherence

Visit 1 (51 patients)
(3 months after intervention)
• Variables changes
• Treatment adherence
• Intervention reinforcement



Visit 3 (57 patients)
(12 months after inclusion)
• Sociodemographic profile
• Clinical characteristic
• Social support
• Family support
• Quality of life
• Variables changes
• Treatment adherence

Visit 2 (47 patients)
(6 months after intervention)
• Variables changes
• Treatment adherence
• Intervention reinforcement



Visit 3 (47 patients)
(12 months after intervention)
• Sociodemographic profile
• Clinical characteristic
• Social support
• Family support
• Quality of life
• Variables changes
• Treatment adherence