## Additional file 1

## Evaluation of methodology for circulating miRNA RT-qPCR

Firstly, we examined the specificity of our RT-qPCR system by checking performance in control samples. The spiked in cel-miR-39 was replaced with pure water in non-spike-in control, and the amplification signal of cel-miR-39 was undetectable with a disorganized melting curve, suggesting that cel-miR-39 was not present in human samples and was appropriate as an endogenous control. RT enzyme was replaced with pure water during cDNA processing in non-RT control, and the signals from cel-miR-39 or other endogenous miRNAs were all undetectable. cDNA template was replaced with pure water during qPCR in non-template control, and the signal were absent for all target miRNAs. The results ruled out the presence of non-specific amplification. In addition, to monitor the reproducibility of the plasma miRNA levels, a homemade QC sample was set in each batch of RT-qPCR runs. During four batches of plasma miRNA determination, the raw Ct value of QC sample for cel-miR-39 was 23.59±0.08, with a CV of 0.68%, and for target miRNA (such as miR-21) the resultwas 22.34±0.014, with a CV of 0.13%. All above-mentioned results demonstrated the reliability of this methodology.

## Cell counts in plasma from wheezing children

According to the results from routine blood test (Figure S2), LRI condition could increase absolute and relative neutrophil cell counts, relative basophil cell counts and absolute platelet numbers, as well as decrease absolute and relative lymphocyte counts. These various leukocyte counts could respond to infection and inflammation to some extent; however, none of these cell counts could effectively indicate wheezing condition.

Table S1 miRNAs	participatin	g in	asthmatic	condition
	pullipulli	5	astimutiv	contantion

miRNA	expression pattern and potential function	validated targets in	references
		airway inflammation	
let-7a	decreased in Th2 splenic cells of asthmatic mice	IL-13	1
miR-21	upregulated in allergic airway inflammation, LPS treated	IL-12p35 & PDCD4	2, 3
	RAW264.7 and during macrophage-like differentiation		
	process		
miR-25	regulating the level of many extracellular matrix proteins and	KLF4	4
	contractile proteins in cytokine-stimulated human airway		
	smooth muscle cells (HASMC)		
miR-26a	induced in HASMC by mechanical stretch;	No data	5
	inducing human airway smooth muscle hypertrophy by		
	suppressing GSK-3β		
miR-126	induced in airway wall tissue of chronically challenged mice;	PU.1	3, 6
	participating in the recruitment of intraepithelial eosinophils		
	and regulation of the effector function of Th2 cells		
miR-133a	decreasedin bronchialsmooth muscle of the challengedmice	No data	7
	and negatively regulating RhoA		
miR-143	induced in pathological lung remodeling accompanied with	No data	8
and miR-672	the decrease of MMP12		
miR-145	participating in house dust mite-induced allergic airway	No data	9
	disease in mice by regulating IL-5, IL-13		
miR-146a	modulating human bronchial epithelial cell survival through	No data	10, 11
	up-regulating Bcl-xl and STAT3 phosphorylation which		
	might contribute the tissue repair and remodeling;		
	inhibiting IL-1 $\beta$ induced IL-8 and RANTES release in human		
	lung alveolar epithelial cell		
miR-148	differentially targeting the specific HLA-G SNP alleles in	HLA-G	12
and miR-152	human asthma		
Referen	ices in Table S1		

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miDNAa	LRI contro	control group (n=20) wheezing+LRI group (n=20)			theoretical minimum
miknas —	mean	SD	mean	SD	sample volume#
miR-21	1.00	0.78	8.20	14.53	64
miR-25	1.00	0.60	2.19	2.22	55
miR-26a	1.00	1.24	4.53	7.40	69
miR-133	1.00	0.83	2.00	1.86	54
miR-148	1.00	0.85	0.48	0.18	42

Table S2. The theoretical minimum sample volume calculated according to results from small sample test

#: Theoretical minimum sample volume was calculated using the statistical formula  $2\sigma^2(t_1 + t_2)^2$ 

$$n = \frac{20 (\mu_{\alpha} + l_{\beta})}{(\mu_1 - \mu_2)^2}$$
, in which  $\alpha$ =0.05,  $\beta$ =0.2,  $t_{\alpha}$ =1.96,  $t_{\beta}$ =0.842

groups	n	RNA concentration (ng/ $\mu$ l)	$A_{260}/A_{280}$ ratio
indifferent control	35	389±17	$1.731 \pm 0.018$
LRI control	35	$402 \pm 33$	$1.684 \pm 0.023$
wheezing+LRI	70	381±26	$1.722 \pm 0.023$

Table S3. RNA concentration and purity validation during the RNA isolation process (quantitative data are shown as mean±SEM)

miRNA name	accession No.	primer sequences
cel-miR-39-3p	MIMAT0000010	TCACCGGGTGTAAATCAGCTTG
hsa-let-7a-5p	MIMAT0000062	TGAGGTAGTAGGTTGTATAGTT
hsa(rno)-miR-21	MIMAT0000076	TAGCTTATCAGACTGATGTTGA
hsa-miR-25-3p	MIMAT0000081	CATTGCACTTGTCTCGGTCTGA
hsa(rno)-miR-26a-5p	MIMAT0000082	TTCAAGTAATCCAGGATAGGCT
hsa-miR-126-3p	MIMAT0000445	TCGTACCGTGAGTAATAATGCG
hsa-miR-133a	MIMAT0000427	TTTGGTCCCCTTCAACCAGCTG
hsa-miR-143-3p	MIMAT0000435	TGAGATGAAGCACTGTAGCTC
hsa-miR-145-5p	MIMAT0000437	GTCCAGTTTTCCCAGGAATCCCT
hsa-miR-146a	MIMAT0000449	TGAGAACTGAATTCCATGGGTT
hsa-miR-148a-3p	MIMAT0000243	TCAGTGCACTACAGAACTTTGT
hsa-miR-152	MIMAT0000438	TCAGTGCATGACAGAACTTGG
	GenBank:K00784	F: CTCGCTTCGGCAGCACA
UU SIIKINA		R: AACGCTTCACGAATTTGCGT

Table S4.Primer information of miRNAs

Note: miRNA accession numbers are obtained from miRBase database (Release 21).

variable A	variable B	correlation coefficient $(r)$ Significance $(P)$	
	miR-21 in blood cell pellets	0.027	0.810
plasma miR-21	plasma total IgE	0.242	0.023
	total leukocyte count	-0.139	0.180
	absolute neutrophil count	-0.053	0.612
	absolute lymphocyte count	-0.127	0.227
	absolute monocyte count	0.008	0.940
	absolute eosinophil count	0.021	0.840
	absolute basophil count	0.112	0.285
	relative neutrophil percentage	0.102	0.333
	relative lymphocyte percentage	-0.145	0.167
	relative monocyte percentage	0.081	0.445
	relative eosinophil percentage	0.095	0.365
	relative basophil percentage	0.030	0.777
	platelet count	-0.019	0.857
	miR-26a in blood cell pellets	-0.132	0.270
	plasma total IgE	0.267	0.020
	total leukocyte count	-0.084	0.458
	absolute neutrophil count	0.090	0.427
	absolute lymphocyte count	-0.218	0.054
	absolute monocyte count	0.034	0.768
nlasma miD 26a	absolute eosinophil count	0.099	0.383
plasma miR-26a	absolute basophil count	0.278	0.013
	relative neutrophil percentage	0.173	0.127
	relative lymphocyte percentage	-0.161	0.157
	relative monocyte percentage	0.137	0.233
	relative eosinophil percentage	0.065	0.570
	relative basophil percentage	0.293	0.009
	platelet count	0.162	0.152

Table S5. Correlation analysis of plasma miR-21 or miR-26a and various leukocyte counts

The correlation analyses were analyzed with Spearman correlation with Bonferroni adjustment for multiple comparisons. The corresponding p value was considered as significant if p<0.0036 (0.05 was divided by 14).



Figure S1 Balanced age distribution of individuals in samples for miRNA screening (a) or validation (b)

Balance of patients' ages in screening sample was analyzed using Mann-Whitney test, and ages in validation sample were analyzed by Kruskal-Wallis test followed with Mann-Whitney test.



Figure S2 cell counts in blood of wheezing children

- A. Absolute cell count of various leukocytes in blood
- B. Relative percentage of various cells in total blood leukocytes
- C. Platelet numbers in blood

Differences among three groups were analyzed by Kruskal-Wallis test followed Mann-Whitney test for difference between groups according to data characteristics. \*: p<0.05, \*\*: p<0.01, \*\*\*: p<0.001