



general practitioner

orthopedic surgeon, neurologist
or Physiatrist

presentation at physiotherapy
practice

refused n=

excluded n=

included, first assessment, checking health
status for exclusion criteria and randomisation

physiotherapy group n=

control group n=
wait and see for 12 weeks

n=

assessment after 6 weeks

n=

n=

final assessment after 12 weeks

n=

drop outs and
withdrawals n=

drop outs and
withdrawals n=