

Inclusion of Primary Care patients diagnosed with rotator cuff tendonitis and/or subacromial impingement syndrome (inclusion/exclusion criteria)

Diagnostic study of SIS and rotator cuff tendonitis. Study of correlation between:

- Positive provocation tests
- Existence of active MTrPs
- Diagnostic results obtained with MRI and ultrasonography.

Randomization

Protocolized treatment: joint repositioning, stabilization exercises, stretching

Protocolized treatment + MTrPs Dry Needling

Withdrawals

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End of treatment. Analysis of study variables

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Follow up assessment after 12 weeks