

Study group includes N=180 patients with hip or knee osteoarthritis, randomly assigned into intervention groups

**Exclusion criteria:
All patients with contraindications for conventional physiotherapy or hydrotherapy**



**Hydrotherapy
N= 60 patients**

**Physiotherapy
N= 60 patients**

**Hydro- and Physiotherapy
N = 60 patients**

Completed questionnaire at admission examination/baseline:
Patient questionnaire: SF-36, AIMS2-SF, Lequesne knee and hip questionnaire, EQ5D
Physician documentation: *Timed up and go, VAS, Range-of-motion affected joint*
Issue patient journal

Repeat questionnaire completion at final medical examination after 2 weeks:
Patient questionnaire: SF-36, AIMS2-SF, Lequesne knee and hip questionnaire, EQ5D
Physician documentation: *Timed up and go, VAS, Range-of-motion affected joint*
Issue patient journal

**Telephone interview 10 weeks after release from clinic:
SF-36, AIMS2-SF, Lequesne knee or hip questionnaire**