

Patients with recent onset lateral elbow pain referred from their general practitioner

Screening by trial doctor

Included
informed consent
Baseline assessment

Randomisation

General advice and naproxen 500 mg bid

Excluded
did not meet
eligibility criteria
- did not wish to
participate

Corticosteroid injection
Physiotherapy
(n=60)

Saline injection
Physiotherapy
(n=60)

Wait-and-see
(Control group)
(n=60)

Corticosteroid injection
repeated at week 3

Saline injection
repeated at week 3

Encouragement
at week 3

Change of doctor

Assessment of outcome measures
by blinded trial doctor at weeks 6, 12, 26 and 52