

Enrollment:
Patients

Assessed for eligibility by phone
(n=139)

Excluded (n=119)
Did not meet inclusion criteria
(n=116)
Refused to participate (n=3)

Randomized
(n = 20)

Allocation:
Patients

Allocated to physiotherapy intervention
(n=11)

Allocated to control group (n=9)

Allocation:
Physiotherapists

Physiotherapists (n=4), centers (n=3)
performing the intervention.

Treatment phase

10 x individual treatment sessions

Usual care – no physiotherapy treatment

Week 11
Assessment:
Patients

Lost to week 11 assessment (n=0)
Discontinued intervention (concomitant
injury, n=1)

Lost to week 11 assessment (n=0)

Analysis:
Patients

Analyzed (n=11)
Excluded from analysis (n=0)

Analyzed (n=9)
Excluded from analysis (n=0)