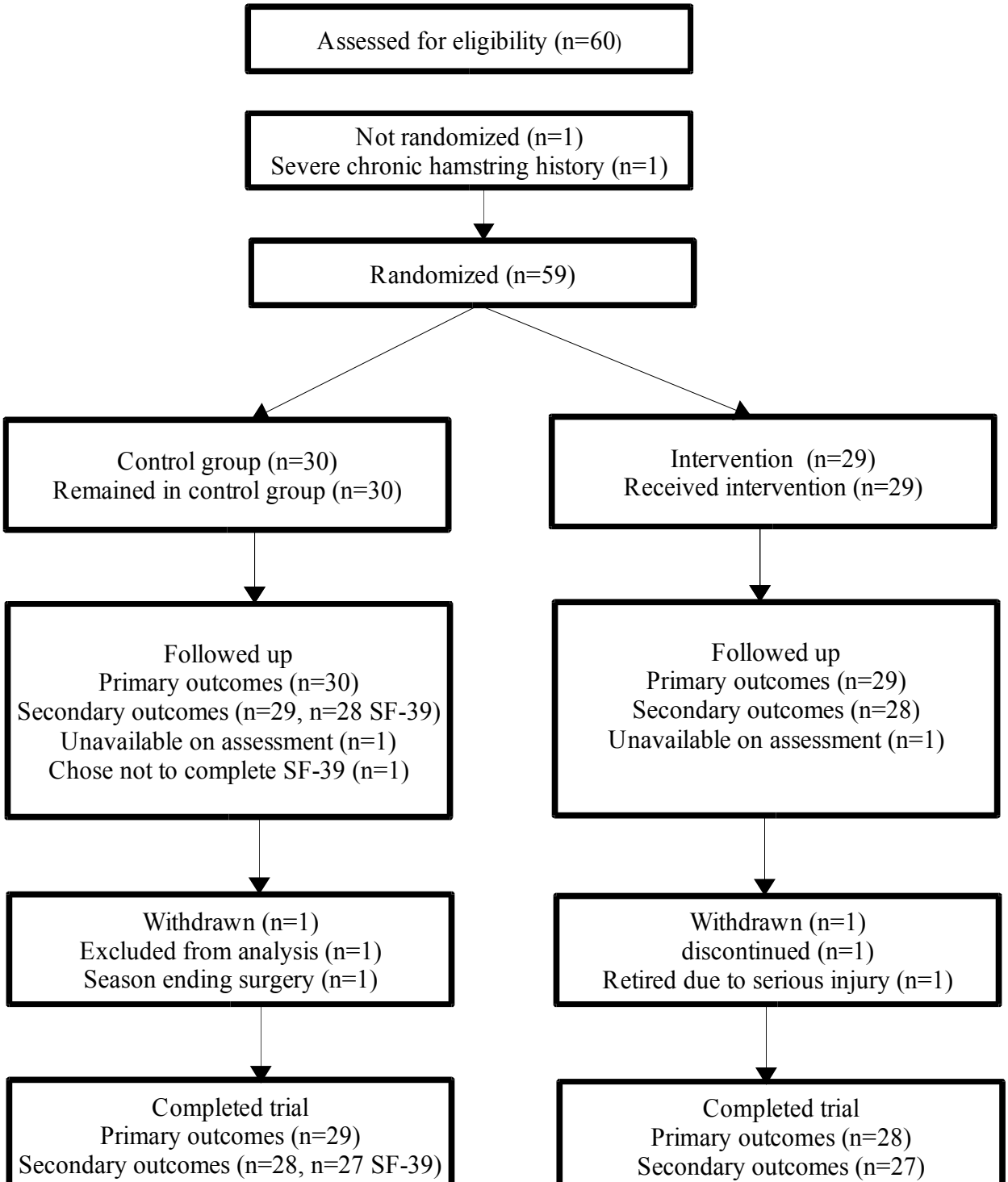
Assessed for eligibility (n=60)
Not randomized (n=1)
Severe chronic hamstring history (n=1)
Randomized (n=59)
Control group (n=30)
Remained in control group (n=30)
Intervention (n=29)
Received intervention (n=29)
Followed up
Primary outcomes (n=30)
Secondary outcomes (n=29, n=28 SF-39)
Unavailable on assessment (n=1)
Chose not to complete SF-39 (n=1)
Followed up
Primary outcomes (n=29)
Secondary outcomes (n=28)
Unavailable on assessment (n=1)
Withdrawn (n=1)
Excluded from analysis (n=1)
Season ending surgery (n=1)
Withdrawn (n=1)
discontinued (n=1)
Retired due to serious injury (n=1)
Completed trial
Primary outcomes (n=29)
Secondary outcomes (n=28, n=27 SF-39)
Completed trial
Primary outcomes (n=28)
Secondary outcomes (n=27)