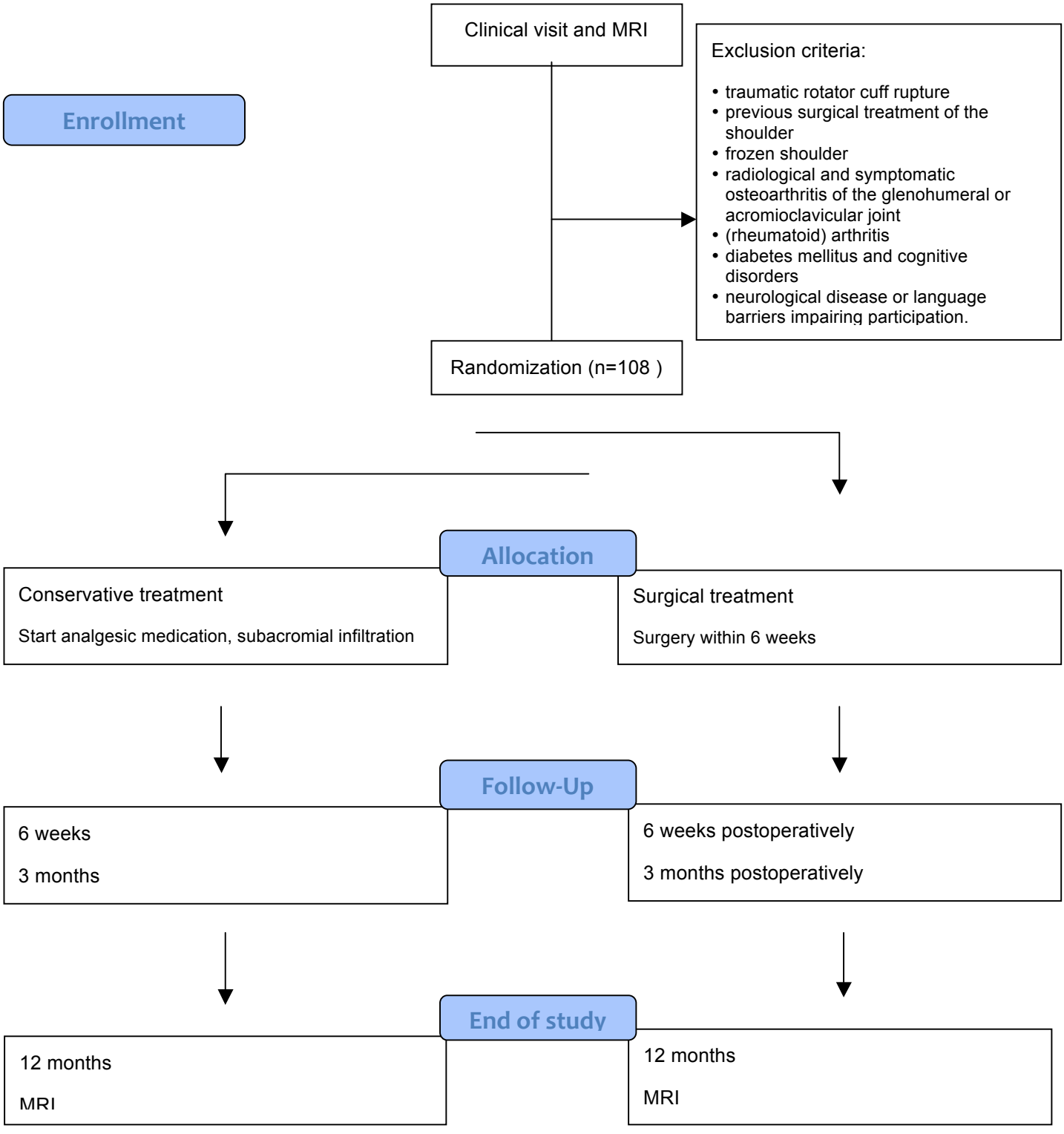
Enrollment
Clinical visit and MRI
Exclusion criteria:
• traumatic rotator cuff rupture
• previous surgical treatment of the shoulder
• frozen shoulder
• radiological and symptomatic osteoarthritis of the glenohumeral or acromioclavicular joint
• (rheumatoid) arthritis
• diabetes mellitus and cognitive disorders
• neurological disease or language barriers impairing participation.
Randomization (n=108)
Allocation
Conservative treatment
Start analgesic medication, subacromial infiltration
Surgical treatment
Surgery within 6 weeks
Follow-Up
6 weeks
3 months
6 weeks postoperatively
3 months postoperatively
End of study
12 months
MRI
12 months
MRI