

# of records identified through  
database searching = 128  
(Pubmed, EMBASE and the  
Cochrane Library)

# of records identified through  
other sources = 5  
(bibliography of shortlisted articles,  
web-search in Google)

Number of records after duplicates removed = 128

# of records screened on the  
basis of title and abstract = 128

# of records excluded = 119

# of full-text articles assessed  
for eligibility = 9

# of full-text articles excluded = 7  
Reasons:  
Study design-ineligible =1  
Intervention-ineligible =2  
Comparison-ineligible = 1  
Outcome-ineligible=3

# of studies included = 2