

Study or Subgroup	Std. Mean Difference IV, Random, 95% CI
Fransen 2007	0.24 [-0.13, 0.62]
Gill 2009	0.45 [-0.04, 0.94]
Suomi 2003	-0.62 [-1.52, 0.28]
Total (95% CI)	0.16 [-0.29, 0.62]
Heterogeneity: $\tau^2 = 0.08$; $\text{Chi}^2 = 4.19$, $\text{df} = 2$ ($P = 0.12$); $I^2 = 52\%$	
Test for overall effect: $Z = 0.71$ ($P = 0.48$)	

