

Screening of potential participants by
Providers/Insurers
Eligible participants referred to the study

Agree to participate

Non – volunteers

When 20 volunteers are recruited, random
allocated to intervention or usual care group

Intervention Group
n = 10

8 weeks usual care + SMRTW
intervention provided by trained
facilitators

Post-intervention
Follow-up

6 month post-intervention
Follow-up

12 month post-intervention
Follow-up

Usual care
n = 10

8 weeks usual care

Post-intervention
Follow-up

6 month post-intervention
Follow-up

12 month post-intervention
Follow-up