

Enrolment

Patients with hip fracture (n=935)

Excluded (n=773)
Did not meet inclusion criteria (n=590)
Refused to participate (n=183)

Allocation

Randomized (n=162)

Allocated to intervention program group (n=80)

Allocated to control group (n=82)

Follow up

1-month follow-up (n=71)
Dropped out (n=9)
Died (n=1)
Refused to participate (n=8)

1-month follow-up (n=76)
Dropped out (n=6)
Refused to participate (n=6)

3-month follow-up (n=67)
Dropped out (n=4)
Refused to participate (n=4)

3-month follow-up (n=70)
Dropped out (n=6)
Died (n=3)
Refused to participate (n=3)

6-month follow-up (n=65)
Dropped out (n=2)
Refused to participate (n=2)

6-month follow-up (n=68)
Dropped out (n=2)
Refused to participate (n=1)
Died (n=1)

1-year follow-up (n=60)
Dropped out (n=5)
Died (n=3)
Refused to participate (n=2)

1-year follow-up (n=62)
Dropped out (n=6)
Died (n=2)
Refused to participate (n=4)