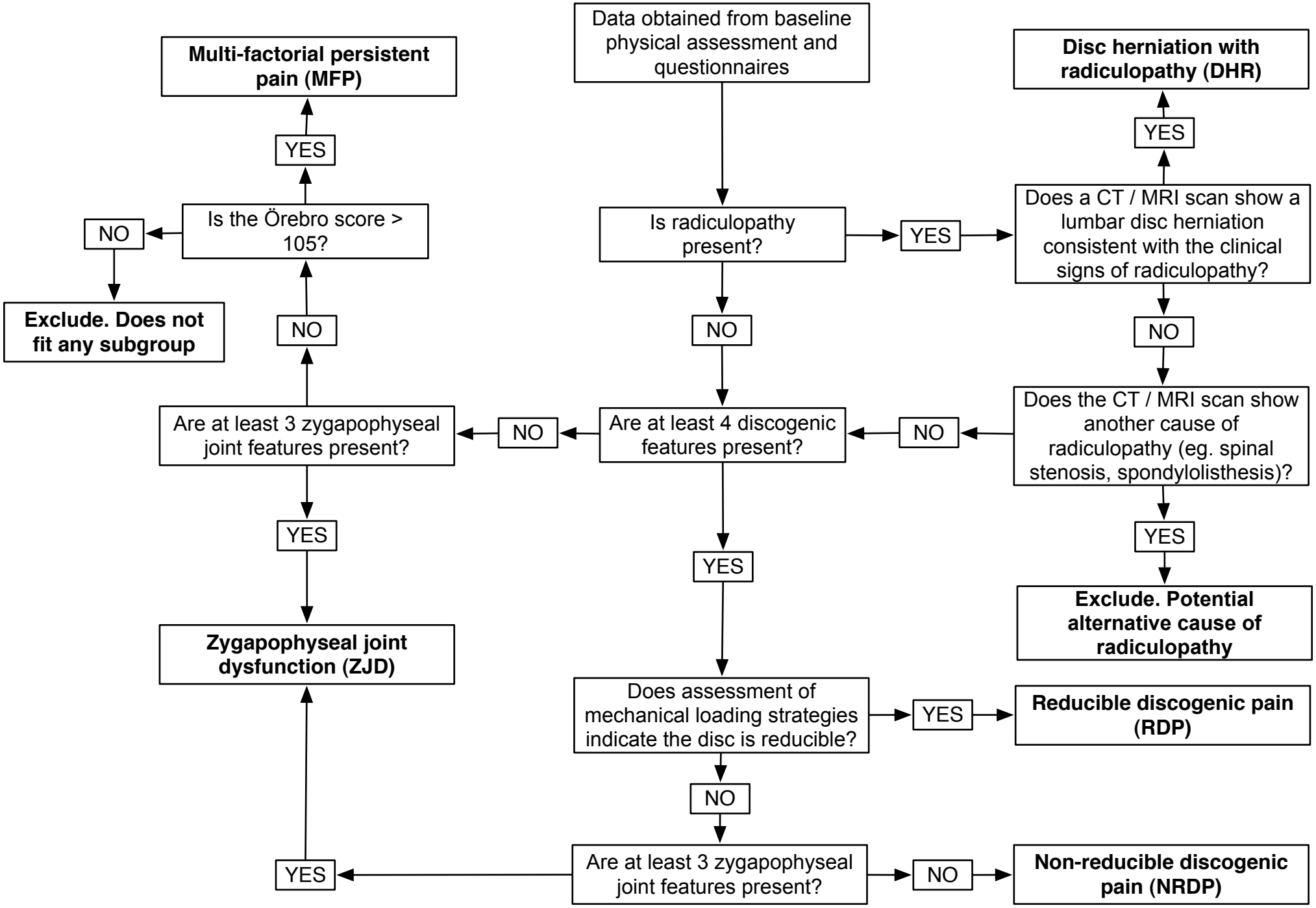
Data obtained from baseline physical assessment and questionnaires
Is radiculopathy present?
YES
Does a CT / MRI scan show a lumbar disc herniation consistent with the clinical signs of radiculopathy?
YES
Disc herniation with radiculopathy (DHR)
NO
Does the CT / MRI scan show another cause of radiculopathy (eg. spinal stenosis, spondylolisthesis)?
YES
Exclude. Potential alternative cause of radiculopathy
NO
Are at least 4 discogenic features present?
YES
Does assessment of mechanical loading strategies indicate the disc is reducible?
YES
Reducible discogenic pain (RDP)
NO
Are at least 3 zygapophyseal joint features present?
NO
Non-reducible discogenic pain (NRDP)
YES
Zygapophyseal joint dysfunction (ZJD)
NO
Are at least 3 zygapophyseal joint features present?
YES
Is the Örebro score > 105?
YES
Multi-factorial persistent pain (MFP)
NO
Exclude. Does not fit any subgroup