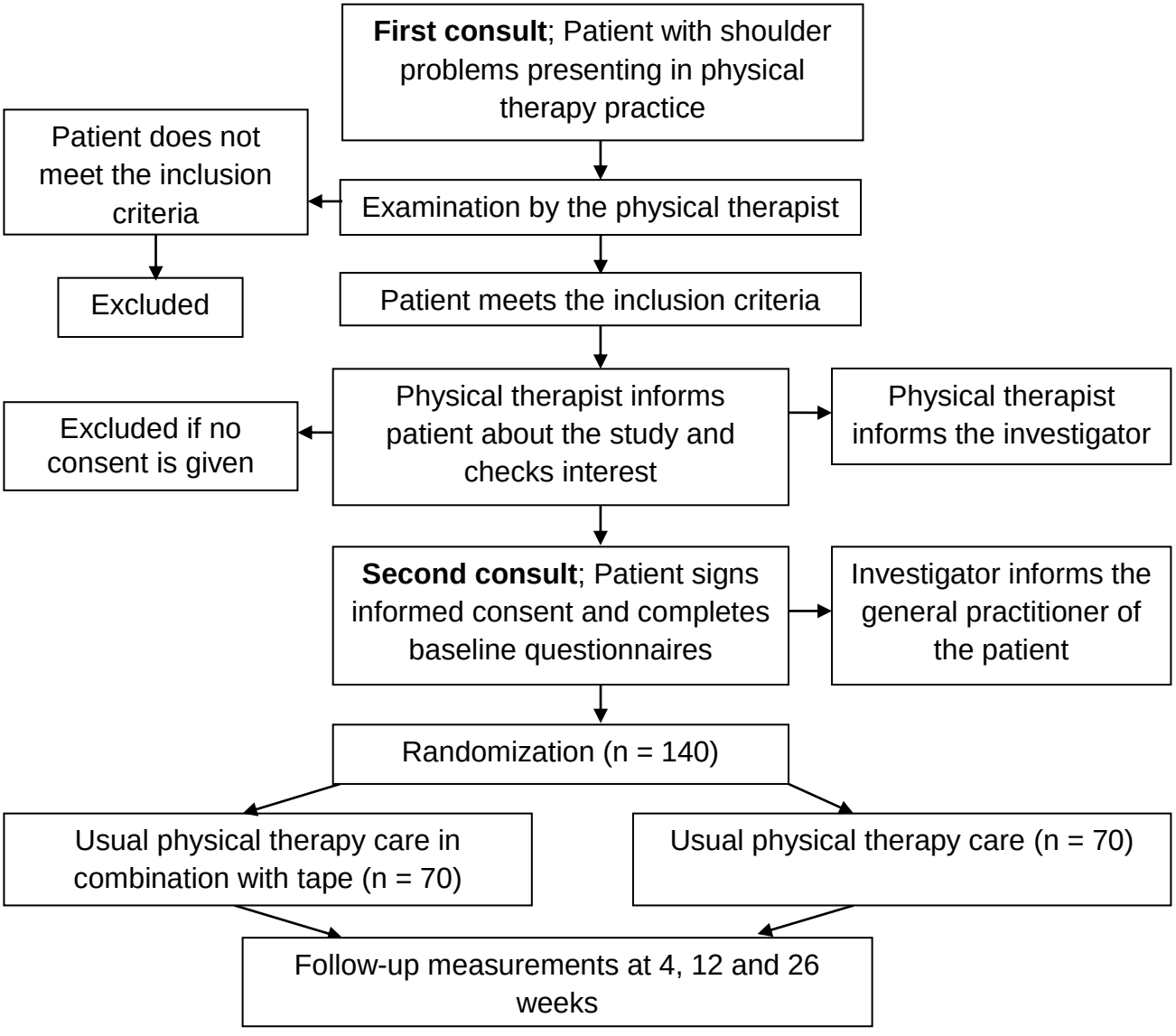
First consult; Patient with shoulder problems presenting in physical therapy practice
Examination by the physical therapist
Patient does not meet the inclusion criteria
Excluded
Patient meets the inclusion criteria
Physical therapist informs patient about the study and checks interest
Excluded if no consent is given
Physical therapist informs the investigator
Second consult; Patient signs informed consent and completes baseline questionnaires
Investigator informs the general practitioner of the patient
Randomization (n = 140)
Usual physical therapy care in combination with tape (n = 70)
Usual physical therapy care (n = 70)
Follow-up measurements at 4, 12 and 26 weeks