

Selection

Inclusion

Measurements

Step 1
A software programme will identify patients of 65 years or older, with at least two chronic conditions, in the GP registration system (see table 1)

Step 2
The GP will check if the ICPC codes of the selected patients (step 1) are up to date/active and applies the exclusion criteria

Exclusion:
- Only one chronic condition present
- At least one exclusion criteria present

Step 3
The selected patients (step 1- 2) receive a screening questionnaire for joint pain

Exclusion:
- No joint pain at all
- No joint pain on most days
- No consent for further contact
- Non responders

Inclusion (n=450)
- 65+ patients
- At least two chronic conditions
- Joint pain on most days
- Consent for further contact

- No consent
- Not able to make an appointment

Quantitative methods

Qualitative methods

Baseline assessment:
Questionnaire, physical tests, interview

Focus group meetings (n=25)

Follow up assessments:
(6, 12, 18 months)
Questionnaires