



Telephone screening of potential participants by a physiotherapist

Elimination

Physical assessment by physiotherapist

Elimination

Assessment by neurologist

Elimination

Baseline assessment

Concealed random allocation

Maitland mobilisations
and range of motion
exercises

Sustained Natural
Apophyseal glides
(SNAGs) and self-SNAG
home exercises

Placebo of deactivated
laser

Blinded assessment post-treatment, 6 weeks, 12 weeks, 6 months and 12 months