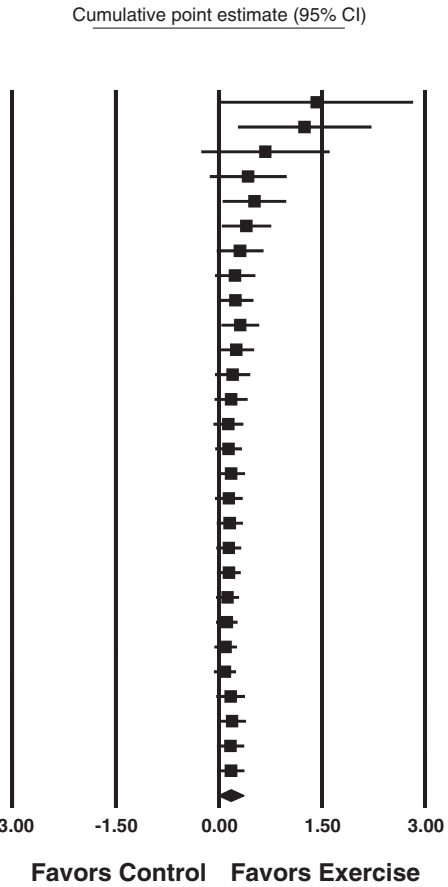Study name	Subgroup within study	Cumulative statistics			
		Point	Lower limit	Upper limit	p-Value
Grove & Londeree, 1992	high impact	1.426	0.038	2.814	0.044
Grove & Londeree, 1992	low impact	1.247	0.288	2.207	0.011
Martin & Notelovitz, 1993	30 minutes	0.678	-0.246	1.601	0.150
Martin & Notelovitz, 1993	45 minutes	0.428	-0.122	0.977	0.127
Nelson et al., 1994	None	0.520	0.068	0.971	0.024
Brooke-Wavell et al., 1997	None	0.402	0.053	0.752	0.024
Bassey et al., 1998	hrt	0.309	-0.021	0.640	0.067
Bassey et al., 1998	no hrt	0.237	-0.047	0.521	0.101
Rhodes et al., 2000	None	0.244	-0.007	0.495	0.057
Iwamoto et al., 2001	None	0.313	0.048	0.577	0.021
Kerr et al., 2001	circuit training	0.255	0.004	0.505	0.046
Kerr et al., 2001	weight training	0.201	-0.044	0.447	0.109
Chilibeck et al., 2002	None	0.180	-0.052	0.411	0.128
Going et al., 2003	hrt	0.140	-0.067	0.347	0.185
Going et al., 2003	no hrt	0.142	-0.043	0.327	0.132
Jessup et al., 2003	None	0.181	-0.013	0.375	0.068
Hong, 2004	tai chi	0.147	-0.045	0.338	0.133
Hong, 2004	weight training	0.160	-0.022	0.342	0.085
Newstead et al., 2004	None	0.147	-0.025	0.319	0.094
Englund et al., 2005	None	0.148	-0.015	0.312	0.076
Wu et al., 2006	None	0.128	-0.030	0.285	0.111
Bergstrom et al., 2008	None	0.116	-0.030	0.262	0.120
Brentano et al., 2008	circuit training	0.099	-0.054	0.253	0.203
Brentano et al., 2008	strength training	0.089	-0.062	0.240	0.247
Bocalini et al., 2009	None	0.173	-0.025	0.370	0.086
Kemmler et al., 2010	None	0.193	0.002	0.385	0.048
Choquette et al., 2011	None	0.171	-0.018	0.360	0.076
Marques et al., 2011	None	0.179	-0.003	0.361	0.054
		0.179	-0.003	0.361	0.054