

		diff †	p	CON best	CAOS best
Pain	How often do you experience knee pain?	0.45	0.05		
	Twisting/pivoting on your knee	0.29	0.09		
	Straightening knee fully	0.01	0.9		
	Bending knee fully	0.26	0.2		
	Walking on flat surface	0.18	0.2		
	Going up or down stairs	0.23	0.3		
	At night while in bed	0.12	0.4		
	Sitting or lying	0.15	0.3		
	Standing upright	0.07	0.7		
Symptoms	Do you have swelling in your knee?	0.21	0.3		
	Do you feel grinding, hear clicking or any other type of noise when your knee moves?	0.08	0.7		
	Does your knee catch or hang up when moving?	-0.05	0.6		
	Can you straighten your knee fully?	-0.05	0.8		
	Can you bend your knee fully?	0.41	0.09		
	How severe is your knee joint stiffness after first wakening in the morning?	0.22	0.2		
	How severe is your knee stiffness after sitting, lying or resting later in the day?	0.10	0.6		
ADL	Descending stairs	0.37	0.09		
	Ascending stairs	0.21	0.3		
	Rising from sitting	0.27	0.1		
	Standing	0.12	0.4		
	Bending to floor/pick up an object	0.34	0.05		
	Walking on flat surface	0.14	0.3		
	Getting in/out of car	0.41	0.03		
	Going shopping	0.15	0.3		
	Putting on socks/stockings	0.15	0.3		
	Rising from bed	0.18	0.2		
	Taking off socks/stockings	0.07	0.6		
	Lying in bed (turning over, maintaining knee position)	0.25	0.1		
	Getting in/out of bath	0.09	0.6		
	Sitting	0.18	0.2		
	Getting on/off toilet	0.29	0.06		
Heavy domestic duties (moving heavy boxes, scrubbing floors, etc)	0.21	0.3			
Light domestic duties (cooking, dusting, etc)	0.15	0.3			
Sport&Rec	Squatting	0.23	0.3		
	Running	0.20	0.4		
	Jumping	0.37	0.2		
	Twisting/pivoting on your injured knee	0.18	0.4		
	Kneeling	0.39	0.1		
QOL	How often are you aware of your knee problem?	0.32	0.2		
	Have you modified your life style to avoid potentially damaging activities?	0.23	0.2		
	How much are you troubled with lack of confidence in your knee?	-0.15	0.4		
	In general, how much difficulty do you have with your knee?	0.37	0.04		