

Patient (aged ≥ 60 years with a hip fracture)

Care pathway

Historical group

ER

Goal: maximum stay 120 minutes
Nurse: care according to protocol
Anesthesiologist: risk assessment
Doctor: treatment and delirium attention protocol

Average waiting time 200 minutes
No standardized procedure
No attention for delirium

Ward

Patients clustered, standardized nursing protocol
Evaluation by geriatrician
Starting physical therapy and nutrition protocol

Different treatment protocols on wards
Consultation of other specialists when necessary

OR

Fixed operating time 8.00 am after admission
Fixed treatment protocol for every fracture

Operation when OR and team available
No mutual treatment protocol

Home

Discharge procedure starts on admission
Allocated places in nursing homes
Multidisciplinary rehabilitation program

No standards for discharge planning
No contacts with nursing homes

Outpatient clinic

Special hip fracture outpatient clinic
End of pathway 6 months after operation

No special appointments
No defined end of care